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MYRA'S Journal

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The Leader of Fashion

Vol. XXXV. No. 7.

JULY 1908.

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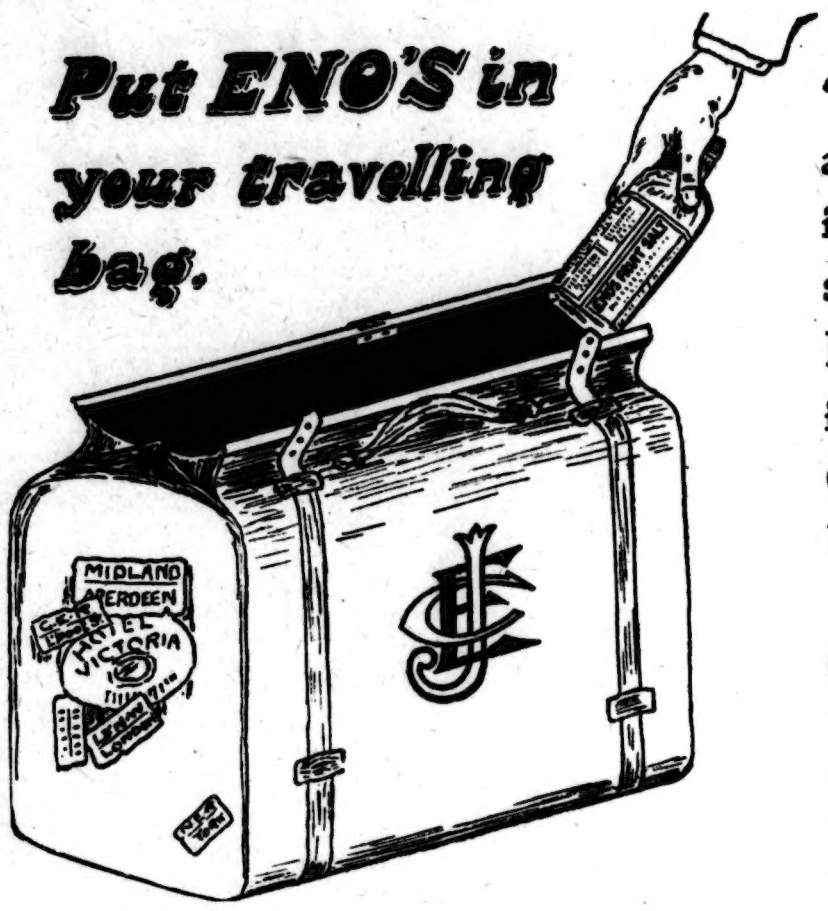

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But though such extravagance is rightly tabooed, there is no doubt that dress this autumn will lean very much to the "serpentine" as to the skirt, and that skirts will be slit up the sides to show a gauzy under-skirt. The trimming of many an outdoor gown will simulate a slit. Take the beautiful Directoire coat-and-skirt (No. 7689) as an example. The braid trimming here simulates the slits which are really existent in the Directoire coat. No. 7689 is a very original and elegant tailor gown (from Vienna).

From Paris we have received a large number of bathing dresses in alpaca or silk. In England we cling to serge or bunting; we like alpaca, but we fight shy of silk. Yet black silk builds the staple bathing dresses of smart Continental resorts like Dinard or Ostend. These silk models are very smart. In fact, French bathing dresses are exceptionally pretty. A lovely one is in soft white serge, beautifully braided in pale blue.

The bathing wraps are now very smart also. We do not have very many of them in England, but abroad all the world and his wife watches the bathers, who have to get themselves up as smartly as possible. Some of the most fashionable resorts, also, have rock or chalk cliffs with little beach below, and that means putting on one's bathing gear in tents or huts on the cliff, and descending from the heights to the sea in one's bathing paraphernalia. Hence the smart sandals and buskins, the elaborate wraps, the dainty straw hats, and the gracefully tied "foulard" to cover the bathing cap.

Striped bath towelling is the favourite material for the bathing wrap; the stripes are wide, in very pretty colour combinations—like buff and pink, pale brown and blue, cream and green, &c. The wraps are well shaped, and have graceful sleeves. Some have very pretty "monk's" hoods, to draw over the wet head on emerging from the sea.

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Some very charming seaside gowns are being made of striped tussore—natural colour, with broad half-inch white stripes decorated with white lace; the effect is charming. A gauged princess frock, cut with kimona sleeve, was of this striped fabric, gathered into a fitted batiste lining. The waist and shoulder were gathered, and the lower edge was gathered to form a frill. Back and front were open, to show panels of white broderie Anglaise.

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It is noticeable how very smartly the *lingerie* frocks are being made. The gown of plain and embroidered lawn, illustrated in this number, shows an elaborate coat and a clinging "corselet" skirt, which at one time would only have been made up in silk or voile—non-washing fabrics. A very large number of these *lingerie* frocks have been prepared by the best dressmakers of London, Paris, and Vienna for the seaside and holiday season.

The long, clinging serpentine skirt is very noticeable in these dressy *lingerie* gowns, showing a marked contrast to the more outstanding skirts of *trottoir* length, made up in linen or striped cotton for ordinary wear. The clinging frocks are of gauzy washing fabrics—like cotton voile, muslin, or the finest French lawn. The best costumes are of this last material, which is expensive. A *lingerie* frock of French lawn, inlet with lovely lace or broderie, runs into many guineas, and is made up with a corresponding elaboration cloaked with a charming simplicity. Every attention is paid to avoid disguising the lines of the figure, and it is helping to put aside the "flopping" tendencies of the kimona.

For the late summer and autumn the pinafore and kimona bodices will be more becoming — the sleeve is shorter, the shoulder narrower. In fact the shoulder is now beginning to be drawn up rather closely on the armhole line of the underblouse, and the effect is far prettier and smarter. This is specially noticeable in the beautiful costumes of striped muslin or voile, trimmed with lace or broderie.

Some wonderfully pretty sea-side costumes are being made of grey-and-white striped cotton—broad stripes, strapped with grey linen embroidered with spots of white cotton. The skirt is fluted, and just clears the ground. Not a few of these dresses are very short-waisted, Empire style.

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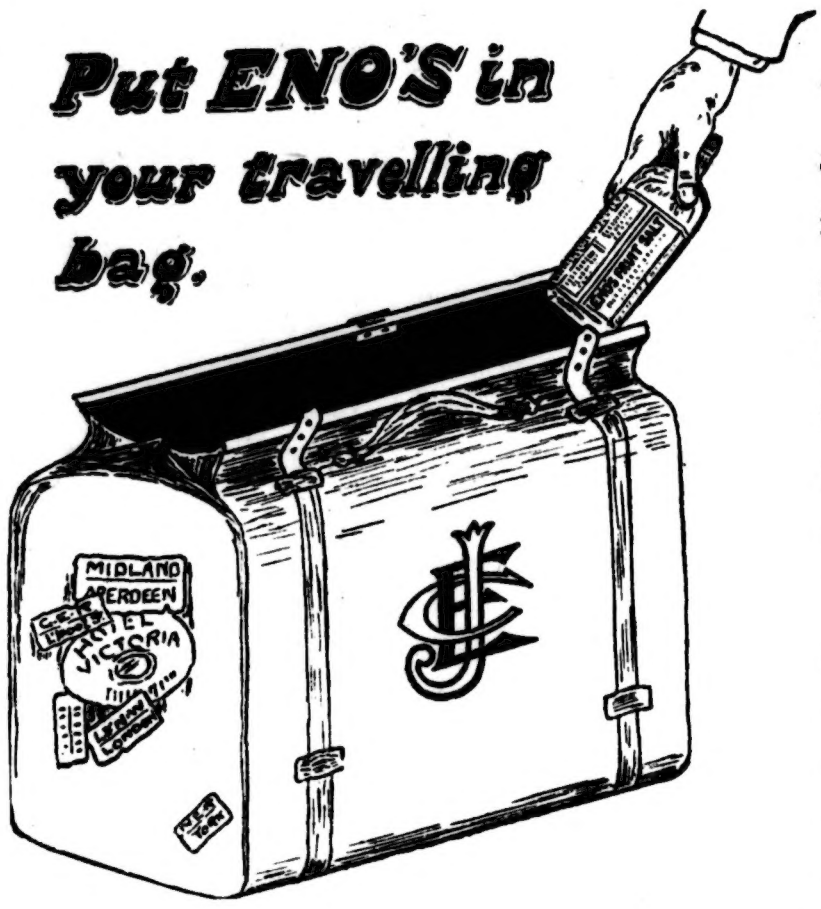

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The silk or lawn "Charlotte" Corday hat is having a great success for hot weather wear. It is suitable only for the young. A thirty-year-old face looks the wrong thing with this girlish head-gear. For, on the whole, English women have not taken kindly to the elongated, "baggy" Charlottes which Parisiennes wore last winter in millinery cloth, velvet, and taffetas.

It is noticeable how very smartly the *lingerie* frocks are being made. The gown of plain and embroidered lawn, illustrated in this number, shows an elaborate coat and a clinging "corselet" skirt, which at one time would only have been made up in silk or voile—non-washing fabrics. A very large number of these *lingerie* frocks have been prepared by the best dressmakers of London, Paris, and Vienna for the seaside and holiday season.

The long, clinging serpentine skirt is very noticeable in these dressy *lingerie* gowns, showing a marked contrast to the more outstanding skirts of *trottoir* length, made up in linen or striped cotton for ordinary wear. The clinging frocks are of gauzy washing fabrics—like cotton voile, muslin, or the finest French lawn. The best costumes are of this last material, which is expensive. A *lingerie* frock of French lawn, inlet with lovely lace or broderie, runs into many guineas, and is made up with a corresponding elaboration cloaked with a charming simplicity. Every attention is paid to avoid disguising the lines of the figure, and it is helping to put aside the "flopping" tendencies of the kimona.

For the late summer and autumn the pinafore and kimona bodices will be more becoming — the sleeve is shorter, the shoulder narrower. In fact the shoulder is now beginning to be drawn up rather closely on the armhole line of the underblouse, and the effect is far prettier and smarter. This is specially noticeable in the beautiful costumes of striped muslin or voile, trimmed with lace or broderie.

Some wonderfully pretty sea-side costumes are being made of grey-and-white striped cotton—broad stripes, strapped with grey linen embroidered with spots of white cotton. The skirt is fluted, and just clears the ground. Not a few of these dresses are very short-waisted, Empire style.

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TRAVELLING IN GERMANY.

By E. G. S.

A FEW WRINKLES.

I PURPOSE in this short article to give a few practical, and what I hope will be considered useful, hints towards comfort and enjoyment to those who contemplate a holiday in the Fatherland.

There are many similarities in Continental journeys; but yet, from personal experience, I can point out to my readers a few special wrinkles which it will be well to bear in mind.

All roads lead to Rome and many to Germany. Personally, I preferred to take the direct one. The steamer from London to the quaint old town of Bremen, the two days' voyage possessing the attractions of quiet comfort and economy, besides giving one a real breath of sea air.

When once in Germany, as regards railway travelling, I strongly advise taking first class whenever possible; not that the second class carriages are uncomfortable in themselves, far from it; but since the new arrangement of fares has made second class much cheaper, a great many people travel thus who once would have gone third class, and the result is a continual overcrowding, with a mixture of passengers who certainly do not add to the comfort of the tourist.

And this advice is not so extravagant as it sounds when I have pointed out to you other ways of economising when holiday-making in Germany.

Firstly, the outfit taken need only be a limited one. This again ensures a small amount of luggage, whereby a marked amount of ready cash is saved in the shape of tips to porters, cabmen, and the like.

It must be borne in mind, however, that the clothes taken must be selected with care and discretion, and should include nothing that is not smart and good. Hotels are always well filled with a cosmopolitan crowd, and dressing in Germany itself has much improved of late. One does not need the variety of costume called for in England or elsewhere, one costume serving many purposes, but excellence in material and cut are greatly considered by all the better classes.

Personally, for a fortnight's tour, putting in a few days at Berlin and Hamburg, with a good many social visits, I found an outfit something of this order to supply all my needs:—A smartly made coat-and-skirt of light-weight cloth, a short plain serge or tweed skirt, and a natty rain-proof coat. Eight blouses (two delaine, four cambric, and two silk), one of these being made of ivory Oriental satin as a simple shirt to be worn with embroidered muslin collars and cuffs, and which was found most useful on many occasions. A really smart gown in chiffon taffetas or silk voile and a good coat in some delicate coloured cloth. The number of blouses given may seem rather many, but I would not advise less

No. 7660.—Yachting or Travelling Dress.

For Description see pages 30 to 36.

Price of Paper Pattern, Skirt, or Foundation Skirt, each 6½d.; Coat, 9½d., post free, of Madame Myra, 10 *and* 11. *Fetter Lane, E.C.*

No. 7661.—TRAVELLING COAT AND SKIRT OF STRIPED ALPACA.

For Description see Pages 30 to 34.

Price of Paper Pattern, Skirt, 1s. 0½d.; Coat, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

The Royal Road to Beauty.

NO MORE EXCESSIVE FATNESS.

NOT by exhausting daily exercises; not by depriving the system of the proper amount of sustaining and strengthening food that Nature calls for; not by periodical sweating, constant cathartics and other abuses but by the rational, scientific, tonic nourishing Antipon treatment is obesity finally and permanently and harmlessly cured. It is the royal road to the lasting cure of corpulence, because it not only rapidly removes the dangerous and distressing accumulations of unhealthy fat from all parts of the organism, but it first checks and then overpowers that tendency to grow too fat which constitutes the disease of obesity, from which so many serious evils spring.

Most of the treatments which Antipon is now rapidly superseding were injudicious, not to say injurious, because they aimed at reducing the weight without paying heed to the pronounced tendency to make flesh abnormally. That is to say they starved, drugged, purged, and sweated the patient into thinness, and thereby impoverished the blood and weakened the muscular and nervous systems. Carried to an excess, such methods are disastrous; yet many unenlightened persons are ready to undergo such tortures in order to rid themselves but for a time of the fatty excess. Fortunately Antipon is gradually putting a stop to these dreadful methods.

Antipon, whilst reducing the weight and stemming the fat-developing tendency has a most valuable tonic and stimulating effect, the digestive system in particular being wonderfully benefited. A healthy natural appetite and sound digestive powers are the inevitable result, and the subject may enjoy the rational pleasures of the table without dread lest the strengthening fare will again occasion corpulence. Both during and after the course of treatment these healthful conditions continue, and the fortunate subject soon begins to look the picture of health, and feels a hundred per cent better and stronger into the bargain. Work and outdoor recreations are once more enjoyed with zest, and the improved physical and mental activity is an additional means of keeping the subject altogether "fit" and well. The removal of the superfluous internal fat is of the greatest benefit to the general health.

Cases of obesity, of course, differ in degree, but within twenty-four hours of the first dose of Antipon there is always a reduction. This varies between 8oz and 3lb, and is followed by a satisfactory daily decrease until complete restoration of normal weight and symmetrical form. The doses may then cease. Antipon is palatably tart, and contains nothing but the most harmless vegetable ingredients.

Antipon is sold in bottles, price 2s. 6d. and 4s. 6d., by chemists, stores, &c., or in case of difficulty, may be had (on remitting amount), carriage paid and privately packed, direct from the Antipon Company, 13, Olmar Street, London, S.E.

being taken, as these strike the note of variety, and the silk ones worn with a plain cloth skirt I found were in quite good taste in dining out and at the theatre. No décolleté gown of any kind is required, at least as long as you are a tourist. For underwear, I took thin woven garments of silk and wool, but fine lingerie is laundered with such care and dispatch in all German hotels that a supply can be taken without fear of its being spoiled or lost.

As regards the important question of headgear, a cloth motoring cap of smart shape, a neat straw toque, and one good chapeau was all that I took or needed. Of boots, shoes, and gloves I took an ample supply, as these items, when purchased in Germany, are exceedingly dear and often then not satisfactory.

It is wise to provide a good stock of one's own special toilet preparations, as these, however well known in England, will be found very difficult to replace in a hurry. On the other hand, however, such items as veils, linen collars, fancy neck wear, fringe nets, and all haberdashery articles are purchasable even better and cheaper than over here.

A timely hint may be given that railway waiting-rooms for ladies lack comfort all over Germany, even at the most important stopping places, and the wise woman will always have handy in her bag a linen face towel, soap leaves, hand-mirror, &c., as she will not find these in waiting-rooms as one does in England. The railway carriages on long journeys are better provided, but owing, as I have said, to the mixture of passengers many do not like to make use of the washing accommodation; but one can afford to be quite independent if equipped as I have suggested, not forgetting to take a handy sized sponge put in a water-proof bag.

Personally, I found nothing nicer or more refreshing than a little quantity of Beetham's "Lait Larola" poured on my sponge and rubbed over dusty face and hands when necessary, these proving a perfect cleanser, with a little powder applied afterwards.

To conclude my few wrinkles it may not be out of place to say a word or two on the vexed question of "tips." Before taking my first trip to the Father-land I asked many friends for information on the subject, and received many different replies, but from personal observation I have found that experienced travellers in Germany generally, when staying at hotels, give at the rate of so much—say half a mark—per day to the chambermaid, hall porter—a very important person in a German hotel—the "Haus Diener," otherwise the "Boots," and, last but not least, the waiter who attends you for your meals. This plan will be found to work out very well, and also give one a clear idea of "tipping" expenses.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her from 1s. 6½d. (plain skirt or bodice, or short coat). Pleated or tucked styles cost according to complications.

No. 7362.—Blouse Dress of Striped Vivella or Linen.

For Description see page 26.

Price of Paper Patterns, Skirt or Blouse, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7663 No. 7664

LOVELY GOWNS FOR PIER USE AND COUNTRY FLOWER SHOWS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Skirts, Coat, or Blouse, each 6½d., post free, of MADAME MYRA, *Fetter Lane, E.C.*

THE WONDERFUL CLOTH.

FOR THE CHILDREN.

IN a distant Court three adventurers presented themselves to a King. They told him they were the possessors of a secret for the manufacture of a most wonderful cloth, but that its fabrication required an extravagant outlay, and one far beyond their means; but such were its marvellous properties that they doubted not but His Majesty would furnish them with the facilities to establish a manufactory. They assured him that one born of base lineage could neither see nor touch it.

The King heard their story with great astonishment. Kings sometimes are malicious, and he inwardly chuckled at the pleasure he would derive from the exhibition of this wonderful cloth to the followers of his Court. The adventurers were at once furnished with commodious apartments, and money and silk were provided for them to commence their operations.

At the expiration of two weeks one of them informed the King that the wonderful stuff was in progress, and that it was the most beautiful cloth in the world.

If his Majesty desired to view it he was asked to come by himself.

The King, to assure himself of the fact, immediately sent his Grand Chamberlain, to whom the trio, before admitting him to their sanctum, expatiated at great length on the indescribable properties of the extraordinary stuff. So that, on his arrival, the poor Chamberlain, who in reality saw nothing, felt compelled to declare he did, and, on his return to the King, greatly praised its magnificence and beauty.

The work continued to advance, and progress was constantly reported to His Majesty, who, desiring to test his whole Court, sent, at each successive intimation of the manufacturers, a different member. Like the poor Chamberlain, each returned to his royal master singing the praises of the cloth.

At length the King, whose curiosity was excited by these unanimous encomiums, determined to visit this wonderful factory, and see the cloth himself. Arrived at the place, he saw the workmen apparently engaged at the looms, but all else was invisible.

"See," said they, "how soft and fine is the texture, how beautiful the design, how bright and glowing are the colours, and how elegant and tasty the disposition of the various shades."

They rose and pretended to unfold a piece of cloth to his view. The King, ashamed of not being able to see it when so many of his Court had asserted their having done so, was enduring an agony of mortification in the reflection of not being high-born or of noble descent. However, soon recovering from his surprise. He nobly sustained his dignity, and to each observation of the adventurers he responded with compliments and praise.

In due time, so well did these gentry work, there was not a single person who did not speak of the wonderful cloth. All considered that they had established their birthright by asserting they had both seen and touched that which had no existence.

One day the adventurers, emboldened by their success, went so far as to propose making an official robe for His Majesty, to be worn on an approaching gala day. The King, who was tempted to hope that there were in his capital some companions in misfortune, promptly accepted their offer.

After having accurately measured the monarch, the trio returned home, and appeared to be busily engaged in preparing the dress. On the appointed day they re-appeared at the palace ostensibly with His Majesty's garment. Shewn to his apartment they went through the operation of dressing him, at intervals praising the beauty of the cloth and the excellence of the fit.

His Majesty was confounded, but still maintained his discretion. The operation of robing being concluded, the King mounted his charger and proudly paraded the city streets in the midst of a superb cavalcade.

No one was ignorant of the astonishing properties of the cloth, so everyone felt obliged to see it, and all, therefore, joined in the cry of "Long live the King! What a splendid dress he is wearing!"

This much enraged the King, who was fain to believe himself the basest born person in his kingdom. Suddenly a little Moor, a groom belonging to his stables, cried out, "Why, the King is naked!" This cry was echoed by all his comrades Insensibly, the people too began to join in the cry. The King finished by declaring his belief in its correctness; and finally the grandees of the Court coincided in opinion with His Majesty.

The emissaries of justice were at once dispatched to the house of the three adventurers, but they were not to be found —neither was gold, silver, nor silk visible about their forsaken premises. But the monarch, in his great joy at finding himself equally well born with the members of his court, would not permit the pursuit of the runaways.

Many errors are establised in the world, and many prejudices exist only by the fear we entertain of rendering ourselves singular by opposing them. J. D.

No. 7665

No. 7666.—Pretty Seaside Blouses.

For Description see Pages 30 to 36.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

SPECIAL NOTICE.

In consequence of the reduction in the cost of postage to Canada the subscription rate for "Myra's Journal" to Canada *only* is 4s. per annum.

Canada: eight cents per copy. One dollar per annum.

"Mrs. C. would like to tell Mme. Myra that she finds her paper patterns quite the most reliable that she has ever used. The fit is always perfect and the directions are easy to follow, which is a great thing for an amateur dressmaker."

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.

THE LANGUAGE OF HANDWRITING.

BY EDITH O'SHEA.

OFTEN do we wish to know the real character of a friend. Perhaps we are not very intimate with them; maybe we cherish for them only what is called a pen friendship; still, all the same, we should feel happier and more contented if we could really know their true natures.

And not only in friendship, but in every-day life do we still find this desire; for instance, both as regards employers and employées. Who has not come across those who would be content with their place and their work, if only they knew what to make of their employers or co-workers? They do not understand their character, and it worries them to feel this uncertainty. In making friends or having dealings with a stranger, we certainly desire to know above all else if they are persons we can trust.

Is there any way in which this is possible? Certainly there is, and it can be obtained by the aid of "Graphology," in other words by the "Language of Handwriting." The word Graphology is taken from two Greek words—"grapho,' to write, and "logos," a science. By its assistance not only character but often talents and abilities can be ascertained. Far from being an invention of modern times, Graphology is one of the oldest sciences, carrying us back to the time of the Greeks and Romans.

In a way graphology may be compared to shorthand, in which every line and queer-looking mark is full of meaning, each having its own value—it may mean only a few letters together—it may also mean a whole sentence. So in graphology every single letter, every whole word, and every line of the writing, taken both singly and collectively, is full of character-meaning. The very way the lines slant in a line of writing, even the very way of dotting the "*i*" means something; while a whole word, so to speak, is revealed by the crossing of the "*t*" (virtually "t" is the most important letter of all to the graphologist).

Careful and patient study is required to delineate writing with any measure of success, for nothing is so trivial that it can afford to be overlooked, or so insignificant that it does not carry some weight of its own. Other details, such as the choice of paper, the very placing of the stamp, these must be noted; the presence or absence of a margin, and the whole effect of the writing, all go to make up the materials which form one of the most fascinating of studies, the study of mankind.

But the final "Court of Appeal" is undoubtedly the signature, which gathers up and reproduces in itself the salient points of the entire writing, and thus gives the keynote of the whole character.

As the natural position of the handwriting on the paper is very important,

No. 7667.—A LINEN SKIRT AND COATEE.

For description see pages 30 to 36.

Price of Paper Patterns, Skirt or Blouse, each 6½d.; Coatee, 3½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

plain or unlined paper should always be used, and a simple, easy letter, written upon any subject, no matter what kind—for when matter is copied the attention of the mind is given to the selected theme, and so is drawn from its natural line of thought, which reveals the true character of the writer.

The Editor of Myra's Journal has very kindly arranged, in the interests of her readers, that all those who desire to avail themselves of an opportunity of having their characters delineated may do so by carefully noting the following rules:—

(1) Delineations will be given free if inserted in these columns.

(2) Readers desiring postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom-de-plume is also required for printed replies.

(4) Letters to be addressed "Graphologist," c/o Myra's Journal Office, 10 and 11, Fetter Lane, E.C.

EMPLOYMENT BUREAU.

WHAT TO DO WITH OUR GIRLS.

THIS interesting exhibition held at Knightsbridge in May successfully demonstrated—did anyone at this time of day doubt it?—how many and varied are the methods by which a woman—or a girl—can now earn or add to her income, and it is greatly to the credit of my sex that the work should be of such superlative quality. As I walked round the various stalls I could not help feeling what a pleasant change had come over our social life, when, instead of hugging our poverty and our pride in close company, we frankly owned to the one and discarded the "false" view of the other in favour of the "proper" element that urges us to preserve our self-respect by means of honest work. Any one of the employments I saw can be learnt; some of them provide pocket-money, but the majority would serve to obtain a livelihood. Here are some of the subjects I saw demonstrated—I choose the most novel where all were interesting: Box and frame making; artificial flower making in silk; china painting; leather work; crystallised fruits and pastilles; china mending; lace cleaning and restoring; painting on silk; jams and jellies; physical training; weaving and spinning; water gilding; artificial fly-tying; decorators and upholsterers; stewardesses; wall-paper designing; illuminating; book-binding; photography; butter making and farm produce; chicken rearing; posters and black and white work: motor driving; fan painting; Mexican leather work; bead work; metal work; practical gardening; kennel maids; donkey rearing and training; bee-keeping; massage for the blind; lady agents. Several of these enterprising ladies I interviewed in the interests of Myra, and I hope to impart to you what they told me during the next few months.

One thing is obvious to all who have ever had anything to do with the employment of women, and that is that events in that direction are working with almost incredible swiftness. What is true of a particular profession to-day needs some modification or alteration to-morrow; there is no final verdict on anything. In my recent conversations with women pioneers in various walks of life I have been much struck by the way in which each has insisted on the varieties of openings for the woman worker of to-day and to-morrow. "In my business," said one lady, "there is £1,000 a year to be made by a capable, hard-working woman." I am going to tell you all about that in an article in the near future, and I hope some of you will see your way to earning such an income. It has gratified me, too, to be told by more than one employer of labour how satisfactory women are as workers, speaking broadly. "They will work longer hours, and work harder than men," said one lady to me of her girl clerks. But at the same time a woman must remember never to squander in over-exertion that priceless asset—her health and strength.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed.

Special Notice.—I have been asked by the manageress of a Ladies' Work Society in London (W.) to say that she has two vacancies for girls in the show-room. She is also glad to hear of first-class needlewomen, both to work on the premises and at home. As the very finest work only is accepted, there would be no scope for those not up to this standard. I will forward pre-paid letters provided each is accompanied by the name and address of the writer.

Once again I must ask my readers to read the rules before writing with a request for a private reply.

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 528.—All kinds of fancy work. Ladies' materials worked up cheaply. Bazaar and bride's parcels a speciality. Lovely stock collars. Embroidered lace.

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References.

No. 372.—Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended.

No. 541.—Dressmaker. Day and evening gowns. Children's things. Experienced. Reliable.

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate.

No. 567.—Dressmaking. Experienced. Daily or at home. Tailor-made coats and skirts. Evening costumes.

No. 570.—Dressmaking lessons. On L.C.C. list of approved teachers. Guerre method. First class diploma. Tailor and Cutter Academy. Dressmaking done. Own models executed. (Harringay, N.)

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 593.—Thoroughly experienced dressmaker. Ladies' and children's things. Tailoring. Evening gowns. (Shepherd's Bush.)

No. 594.—Competent practical milliner. Blouses, underwear, cross-stitch marking, lamp-shades, &c. (S.E.)

No. 616.—Coats and skirts. Day and evening gowns. Blouses. Underskirts. Renovations, &c. Costumes from 10s. 6d. (St. John's Wood).

No. 617.—Dainty underwear. Moderate charges. Hand or machine work. Night-dresses and camisoles a speciality.

No. 620.—Dressmaker, in a small way, good connection, wants someone to join her, to share home and profits. No salary. Quiet, country life. References exchanged. (Essex.)

No. 623.—Singing lessons. English, French, Italian songs. 2s. 6d. a lesson. Write for interview. (W.)

No. 628.—Dressmaker wants another to join her in rooms, or a milliner. Either to bring another West End connection, or to increase advertiser's. (Portman Square.)

No. 629.—Wanted a good practical woman to join another to work up a connection for dressmaking and letting apartments. Rising place in Sussex. Very healthy. Lovely country.

No. 630.—Stock and hosekeeper wanted in a private dressmaking business. Hours, 9 to 7.30. Live out. Wages £1 weekly to begin. (W.)

No. 631.—Renovations. Alterations. Children's dainty dresses. Blouses and underwear. Men's and boys' pyjamas. (Sheffield.)

No. 632.—Clergyman's daughter wishes to improve her knowledge of dressmaking. Would go as assistant, with view to partnership.

No. 633.—Partnership required in millinery business. References exchanged. (W.)

No. 634.—Wanted quick girl as first hand, who would like to gain experience in cutting and fitting. One good at coats preferred. (E. Yorkshire.)

I have received notice of a new development in the Liverpool scheme of training for ladies as children's nurses, organised by the Liverpool Ladies' Sanitary Association. Till now the training has been non-residential, but in June the Countess of Derby will open a Residential Training Home for Lady Nurses. This home will contain a day nursery, where students will gain practical experience in the care of infants and young children. The home is to be in charge of a trained, experienced hospital nurse, and instruction in the following subjects will be given by experienced lecturers: Nursery management, hygiene, kindergarten, ambulance, needlework, nursery cookery, and laundry. I might mention that the fees may be advanced (through the Liverpool Loan Training Fund), and suitable students in special cases. Attention is drawn to the fact that "for fully-trained, competent, well-educated women," the demand in this profession is at present much in excess of the supply.

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Dressmaker at Tonbridge (Mrs. H.).—I am glad to hear you are so busy, and hope it may continue.

Renovations (M.J.).—Please do not paste your notice on a card again. If you cut it out and pin it on a sheet of paper, with your name and address, it will come in an envelope for a halfpenny stamp, if unsealed. I will make the alteration you desire.

Wants to Join a Dressmaker (M. S.).—I have had a good many enquiries of the kind this month, and so have sent your name to one or two likely people. I also send you some addresses, so I should be glad to know if you

No. 7668 No. 7669 No. 7670

No. 7671 No. 7672 No. 7673

SEASIDE COSTUMES AND BATHING DRESSES FOR BOYS AND GIRLS.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, each 6½d., post free; Full-size transfers of embroidery for overall, No. 7668, 6½d.; for Kimona overdress, No. 7670, price 4½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

fix up anything. I am putting in a notice for you also. The opening you enquired about was hardly suitable. I think you are most wise to work at dressmaking, and I hope you read my article on specialising. That is what I advise everyone to do, and to join in partnership with a worker who specialises in some other department. Thus a good skirt hand should join a bodice hand, and vice versa. I am certain there are plenty of openings and plenty of work for those who are capable. Let me know how you get on, and if I can help you further.

Dressmaking Pupil (E. M. P.).—I am always glad to help my readers; but it is advisable to read the rules before writing, and these are but few and simple. I have answered your second letter privately.

Partner Wanted (Mrs. C.).—I am glad to hear that you think as I do—that "no other fashion book equals Myra," and anyone who has taken it for over thirty years deserves all the help I can give. I was much interested in your letter, and I can quite imagine you feel, after the promises you had, somewhat disappointed. But that is our common fate, alas! and you are very wise to work hard and do your best to forget. I have given your name to one or two people, and I am putting a notice in for you. I think many people might be glad to join you in such a lovely part of the country, and as it is a growing neighbourhood you should try and work up a good-class business. If you are a good skirt hand, try for someone who works principally at bodices. Could you not get a permanent "let" for your rooms? That would help you a great deal. Write again, and let me know what you do.

Notice Received (J. D.).

Singing Lessons.—Your notice reached me torn in half.

Dressmaker (Miss C.).—I am indeed sorry to hear it is so long since you have had any work, so I have given your name frequently lately, and to personal friends of my own. I got a letter speaking very highly of your work, which, of course, enables me to recommend you widely. Quite a number of my Bureau correspondents have built up big connections through my recommendation, so I trust you may do so.

Fancy Work (B. G.).—I am glad to hear you have been doing well, and as you are certainly getting on, you must persevere and hope. You are much more successful than many of my correspondents, if that is help to you. If you will send me a stamped envelope I will forward a letter for you to the manageress of a Work Society, who tells me she has plenty of work, if it is only good enough. She says she has not workers enough—of the best class. It might do for you. No, Miss C. has not sent me her address either, but I hope she may do so. Many thanks for all the nice, grateful things you say.

Dressmaking Partner Wanted (J. M.).—I gave your name and address to one or two enquirers, so I hope you may meet with someone shortly. I am so glad you are pleased with the notice.

Address Wanted (Miss S., Eastbourne).—I sent you the address, and should be glad to know the result. The town you ask about is very popular, with an excellent train service to town. I think it should suit you well. It stands high, and is bracing, and surrounded by lovely country. Please let me know if you went to the lady to do renovations.

How to Start a Registry Office (E. B.).—I sent you the information privately to the best of my ability, and I should be glad to know what you do.

Notice Inserted (J. J. C.).—I am sorry you did not know the notice was meant for you. You see, I can only put the post-town in. Your charges seem most reasonable. It seems to me that there are many dressmakers who have more than they can do, and many who can't get work enough. Still, if your work is good, you will have little difficulty in establishing a connection. Quite a number of my readers have done this through one recommendation of mine. I have given your name two or three times lately.

For other answers on this subject, see page 42.

No. 7674.—Embroidered Linen Blouse.

For Description see pages 30 to 36.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7675.—Tucked & Strapped Shirt Blouse.

For description see pages 30 to 36.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7676.—Strapped Lawn Blouse with Lace Kimona.

For description see pages 30 to 36.

Price of Paper Pattern, Blouse, 6½d.; Kimona, 3½d., post free, of Madame Myra, *10 & 11, Fetter Lane, E.C.*

"Your (Free) Embroidered Coatee in June No. is quite the smartest I have seen."—Mrs. W. (Bath).

No. 7677 No. 7678 No. 7679

No. 7680

FOUR BEAUTIFUL HOT WEATHER BLOUSES.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane. E.C.*

ANCHOR EMBROIDERY.

By MRS. HAMER-JACKSON.

ONE of the most puzzling points of home-made sailor suits, reefer coats, and bathing dresses is the mastering of the art which consists of embroidering in cotton, silk, or gold and silver, the pretty anchors which generally adorn the ready-made articles.

At first sight the task looks almost hopeless; yet, like every other needlecraft, it only requires a little thought and a careful handling of the needle and thread.

The pretty Empire overdress illustrated on page 25 is a very ideal model to build up in navy serge for wearing over blouses or jerseys, and romping about on the sands at holiday time. The pretty and uncommon trimming looks both smart and simple; it is a happy combination of ropes and anchors, a most appropriate design for seaside wear.

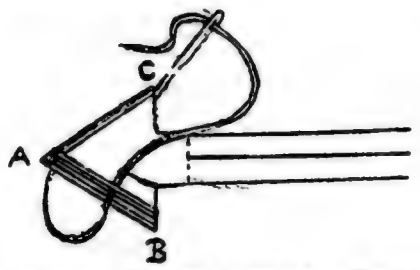
Little need be said about the tracing of the design, as this can be supplied from Myra's office all ready to stamp on. When correctly outlined the anchor and rope require very little labour to produce a good effect. If embroidered in the usual way with embroidery cotton the outlines must be filled in with very long stitches, catching them to the material wherever necessary to keep them within the outline, and making a sufficient number of stitches to form a padding thick enough to produce the high rolled effect required when the embroiderery stitches are worked over. Cord or braid may be used instead of stitch padding when a heavily embossed effect is required.

The points of the anchors are worked in arrow-head fashion, as shown in the detail of the work. To do this, start bringing the needle up at point *a*, and pass it down at point *b*; then up inside and very close to point *b*, down on the line *a c* close to *a*, and up at point *a* outside and very close to the first stitch made. Then pass the needle under the second stitch and down at point *c*. Bring the needle up inside and close to point *c*, and then pass it down near point *a* outside and very close to the first stitch made.

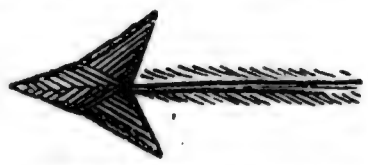
Next bring the needle up outside and very close to the first stitch running from *a* to *c*, and quite close to the second stitch in line *a b*; and then pass it down near *b*. Bring the needle up again on line *b c* inside and close to the third stitch in line *a b*, and pass it down outside the first stitch on line *a c*. Then bring the needle up outside and very close to the first stitch on the line *a b*, pass it under the fourth stitch in line *a b* and down on line *c b*, close to the second stitch on line *a c*.

Now bring the needle up on line *c b* close to the third stitch on line *a c*, and pass it down outside the first stitch on line *a b* close to the third stitch on line *a c*. Proceed in this manner to fill in the outline, always making two stitches parallel with line *a b*, then two stitches parallel with line *a c*, and being careful to pass the third, fifth, seventh, &c., stitches, running parallel with line *a c*, respectively under the second, fourth, sixth, eight, &c., stitches running parallel with line *a b*, as illustrated in the details of the work.

This will complete the points of the anchor in the "professional" sartorial style displayed on children's ready-made sailor costumes. The rest of the anchor is



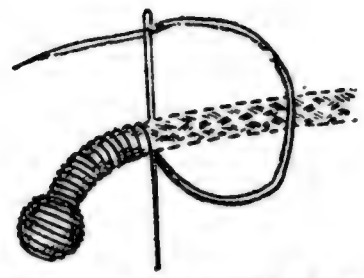
How to Work Anchor's Point.



Anchor's Point Finished.

done in the usual satin-stitch embroidery, each stitch worked quite close to the other over the padding so as to form a regular embossed effect.

The rope as designed is worked entirely in rope stitch. Having brought out your needle at the right end of the work, hold part of the thread towards the left, under the thumb, the rest of it falling to the right; put your needle in again where it came out, slant it towards you, and bring it out again a little in advance of where it



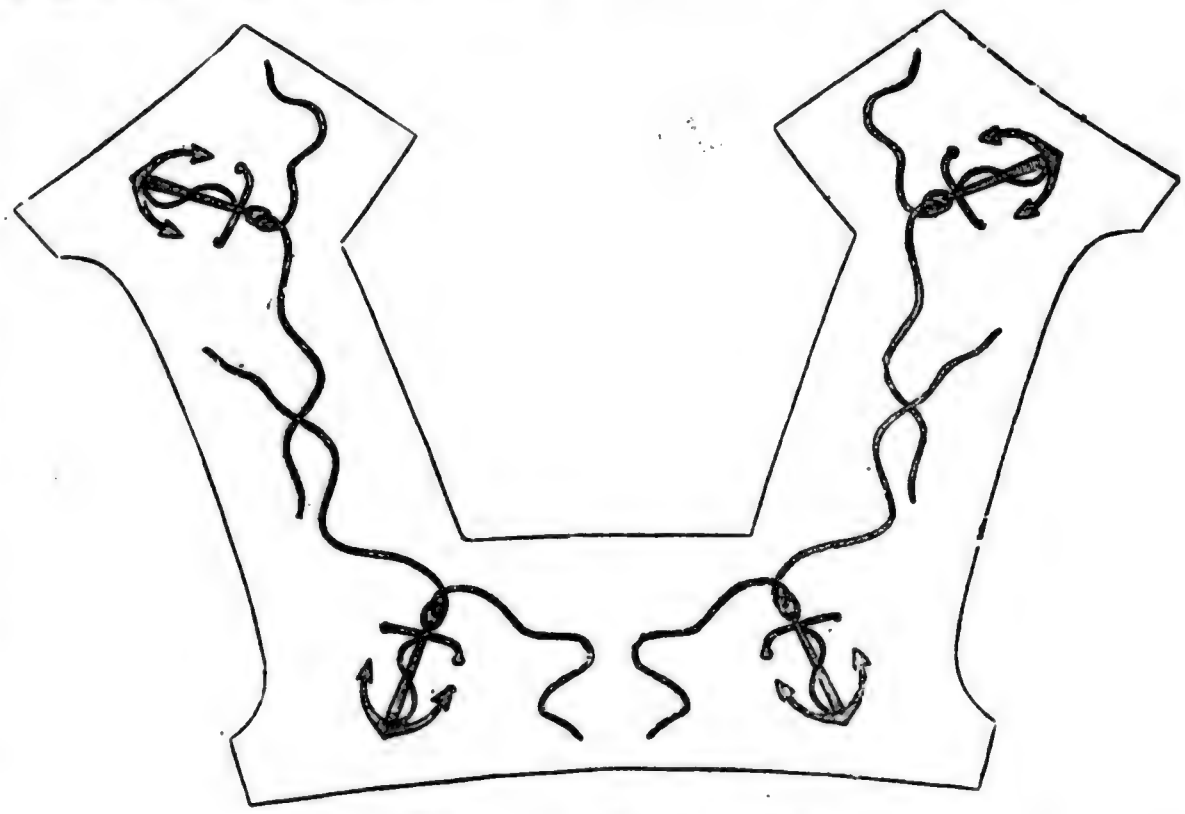
How to Work the Rope.

came out before, and just below the thread held under your thumb. Draw the thread through, and there results a stitch which looks like a distorted chain stitch. The next step is to make another similar stitch so close to the foregoing one that it overlaps it partly. It is this overlapping which gives the stitch the raised and rope-like appearance.

If the anchors are to be embroidered in gold, this, of course, means special work, which is not more difficult than ordinary embroidery, but requires a little practice.

The gold thread sold at the art needle work shops will be found to be a long, thin, hollow tube of spirally pointed gold wire. This has to be cut in short lengths the width of the outline, to be embroidered, threaded, and sewn on to the material as you would a long bead, placing each little length closely side by side. If the gold wire is very thin, and plane, like thread, it may sometimes be worked with a big eyed needle as ordinary cotton, but the raised effect is not as pretty as when using the gold tubing.

In any case when embroidering in gold, the padding should be done in yellow cotton, the same rule being carried out if the embroidery is done in red or blue



Embroidered Empire Bodice.

Full size transfers of the Embroidery can be had, price 4½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen."—N. B.

cot'on, that is, always do the padding the same colour as the overstitches.

To work the ordinary embroidery to match the overall, Ososilkie Brightest Lustre Yarn is the best. A shade card of these beautiful threads can be had for 6d. in stamps, from Messrs. Tubbs Hiscocks and Co., by anyone mentioning MYRA'S JOURNAL. The address of Messrs. Tubbs Hiscocks is 16, Milton Street, E.C.

Note.—We only keep the transfers for the embroidery printed in blue. For dark materials ladies tack the transfer on the fabric and work over it, tearing away the paper when the embroidery is finished.

OBESITY and WEAKNESS

too often go together; and when the old-time drugging and semi-starvation methods of reducing weight are adopted the weakness is aggravated; the soundest constitutions have been ruined in this way. What is required is a tonic treatment for the elimination of superfluous fat, without any unwelcome food restrictions. The famous Antipon treatment is the very thing; it rapidly reduces weight, and at the same time eradicates the obstinate tendency to put on flesh to excess. Not only this; it is a tonic *régime* of the highest order. Antipon promotes appetite and restores perfect digestive powers. Nutrition is, therefore, all that a healthy and vigorous body requires, and the muscular and nervous systems are permanently improved. There is no call for persistence in the treatment once the weight and figure are reduced to natural proportions. Within a day and a night there is a decrease of 8oz to 3lb. The subsequent daily reduction is highly satisfactory. Antipon contains none but the most harmless vegetable substances and is pleasant to take. Antipon is sold in bottles, price 2s. 6d. and 4s. 6d., by Chemists, Stores, &c.; or, in case of difficulty, may be had (on sending amount) direct from The Antipon Company, 13, Olmar Street, London, S.E., privately packed, and carriage paid.

No. 7681.—A LOVELY MUSLIN FROCK.

For Description see Pages 30 to 36.

Price of Paper Patterns, Skirt or Blouse, each 6½d., post free, of MADAME MYRA, 11, *Fetter Lane, E.C.*

Horticulture for Women.

By O. K. Moore.

THERE is a great deal to be said in favour of horticulture as a profession for women. It is not yet overcrowded; it is one of the few employments in which women command the same rate of wages as men; the conditions under which it is pursued are healthier, and living in agricultural districts is cheaper than in cities; and there is a steadily-growing demand for horticulturists in all branches, so that, though I do not say there is a fortune to be made in gardening, I do consider that the gardener earning 25s. per week is infinitely better off than her town sister with the same money.

In horticulture I include dairy work, poultry, and bee-keeping, as they are generally taught at the same centres and under similar regulations. Bees seem naturally to accompany flowers, and frequently the gardener is required to include the care of a small poultry yard among her duties.

There are several excellent horticultural colleges, but a training which necessitates at least two years' study and practical experience cannot, of course, be acquired for nothing. The equipment of such a college, with its flower and market gardens, hot-houses, poultry and dairy farms, &c., is necessarily expensive. In order that the pupils may gain a thorough knowledge of every branch of their business, a very comprehensive "plant" is required; and, therefore, although the fees may at first seem somewhat heavy, consideration will show that they are quite reasonable, and for the non-resident pupils they are certainly moderate. Most colleges have several annual scholarships, and the fortunate holder of one of these may congratulate herself on attaining an education which will provide her with the means of obtaining a living wage, under most favourable conditions, at a merely nominal cost.

Special examinations are held by the colleges, for which diplomas and certificates are granted; and students are prepared for the examinations of the Royal Horticultural Society, the Royal Agricultural Society, and the British Dairy Farmers' Association. Perhaps the clearest idea of the training required may be gained from the syllabus of one of these examinations.

The Royal Horticultural Society's Examination includes the Principles of Horticulture: Soils, growth, elementary botany.

Horticultural Operations: Surveying, landscape gardening, fruit, vegetable and flower culture, manures, insect and fungus pests, &c.

Practical Work: Care of the various departments of a garden, glass-houses, orchards, &c., rotation of crops, classification and fertilisation of plants, propagation, diseases of plants, florists' work.

No. 7682.—Frock of Plain and Embroidered Lawn.
For Description see Pages 30 to 36.
Price of Paper Pattern, Skirt or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C*

The Royal Agricultural Society requires that the candidate shall have a thorough knowledge of the manufacture of butter and cheese, dairy farming, rearing and feeding of dairy stock. The diploma given, known as "The National Dairy Diploma" (N.D.D.), is a teaching certificate, so it is essential that the holder shall possess a faculty for imparting her knowledge to others.

The British Dairy Farmers' Association examines under similar conditions.

Of the centres where the training for these examinations may be acquired, one of the foremost is the Lady Warwick College, at Studley Castle, in Warwickshire. Here the fees are from £80 to £120 resident, or 25s. per week in each department for non-residents; bee-keeping costing an additional five guineas per annum. The diploma course for horticulture and bee-keeping requires a three years' training; for dairy work, poultry and bee-keeping, two years; but a certificate may be obtained a year sooner in each instance.

The Horticultural College, Swanley, Kent, provides a similar training at a cost of from £80 to £96 resident, and £40 non-resident. Scholarships are offered by the County Councils of Kent, Norfolk, and Staffordshire, and there is a special branch for Colonial training.

Excellent teaching is also offered at the School for Lady Gardeners, at Glynde, near Lewes. The course consists of horticulture and bee-keeping, and the fee is £10 per annum, suitable lodgings being provided for students at a cost of 17s. 6d. per week.

For dairy work, one of the best schools in the country is the Midland Agricultural and Dairy College, at Kingston, in Derbyshire, which was founded by the County Councils of Derbyshire, Leicestershire, Notts, and part of Lincolnshire. Scholarships are granted by the co-operating counties. Apart from these scholarships, the terms are very moderate, and nine to twelve months covers the full course of poultry or dairy work.

Of course, there are many other colleges; and most farmers and market-gardeners are only too glad to take pupils. The drawback to this casual training is that, although it may be excellent in its way, there is not a general standard of proficiency to work up to as there is in a recognised school. I have selected four representative schools, the pupils of which receive a thoroughly practical training and every prospect of regular employment when it is completed.

There is infinite scope for the horticultural pupil. Supposing she lacks capital, she can obtain a situation in an elementary or secondary school as garden, or nature study, or botany mistress.

If teaching does not appeal to her, she may become a head gardener, a bailiff, or companion to a woman with large estates to manage. Again, she may join in a co-operative market-garden, or, with a little money, may strike out for herself on similar lines, or as a dairy or poultry farmer, in which capacities there is a considerable opening for women in the Colonies.

Situations, partnerships, and small holdings, suitable for market-gardeners, &c., can be obtained through the registry of the college chosen, or through advertisement in the "Women's Agricultural Times," the "Agricultural Economist," the "Gardeners' Record," and other agricultural papers.

No. 7683 No. 7684

SEA-SIDE COATS AND SKIRTS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Skirts or Coats, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7685

No. 7685A

No. 7686

SEA SIDE MILLINERY.

For Descriptions see Pages 30 to 36.

Price of Pattern of the "Charlotte" hat, No. 7685a, 3½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 7687 No. 7688

A LOUNGE GOWN AND SUMMER BLOUSE FOR THE SEASIDE OUTFIT.

For Descriptions see Pages 30 *to* 36.

Price of Paper Patterns, Gown, 2*s.* 0½*d.; Blouse or Kimona, each* 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7689 No. 7690 No. 7691 No. 7692

BEAUTIFUL SEASIDE AND TRAVELLING GOWNS, A SMART DUST CLOAK, AND AN

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Pleated Skirts, Dust Cloak, Bathing Dress, Bathing Wrap, each 1*s.* 0½*d.; Skirts, Foundation Skirts, Coats, or Coatees*

No. 7691 No. 7692 No. 7693 No. 7694

RAVELLING GOWNS, A SMART DUST CLOAK, AND AN ORIGINAL BATHING DRESS AND WRAP.

For Descriptions see Pages 30 *to* 36.

Bathing Dress, Bathing Wrap, each 1s. 0½*d.; Skirts, Foundation Skirts, Coats, or Coatees, each* 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

FOUR-GORE SKIRT OF BORDERED COTTON.

THIS is part of one of the very smart "blouse costumes" which are so fashionable this summer in light silk or washing materials. We also give the pattern of the blouse, which completes a very charming frock.

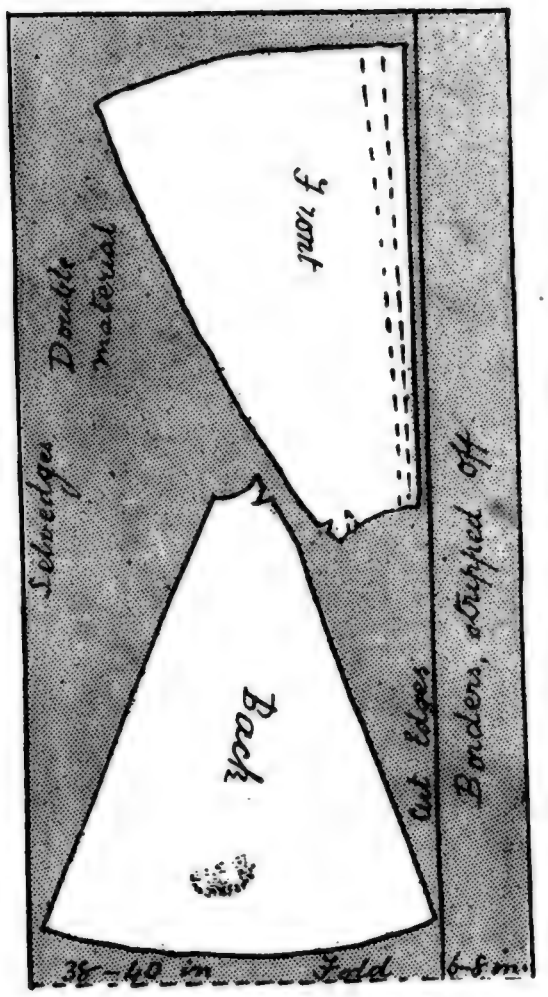


Diagram of Free Skirt Pattern.

Very lovely are the bordered voiles, zephyrs, &c. The material used for our dress is a delicate double-width blue zephyr, with broad border running up one selvedge, made up of rows of chiné pink flowers on a white ground. This can be had at Peter Robinson's, Oxford Street, price 1s. 11½d. the yard.

The smartest way of making up such a dress is to strip off the border and stitch it again on the shaped skirt and blouse. These borders are usually from six to eight inches wide, but the floral decoration is in rows, so that quite twice—sometimes three times—the length of trimming can be secured by dividing the border into its separate rows. In some cottons the lowest row is wider, and this comes in well for the skirt. Or two rows can be kept together for the skirt, the narrowest row sufficing to trim the blouse.

The skirt pattern is in two pieces: one front, one back. There is a seam back and front, and another seam up each side. The skirt, which might be long enough to touch the ground, flutes handsomely and has an inverted box-pleat in front, hiding the front seam. The hips fit neatly, fit being assisted by a small dart, wheelmarked, like the inverted pleat, on the pattern. The diagram shows the pattern laid on 5 yards 46-inch material, which is opened out and is doubled, so that the pattern is cut in duplicate. Strip off the border (about 6-8 inches), thus leaving 40-38 inches for your skirt of the plain blue material.

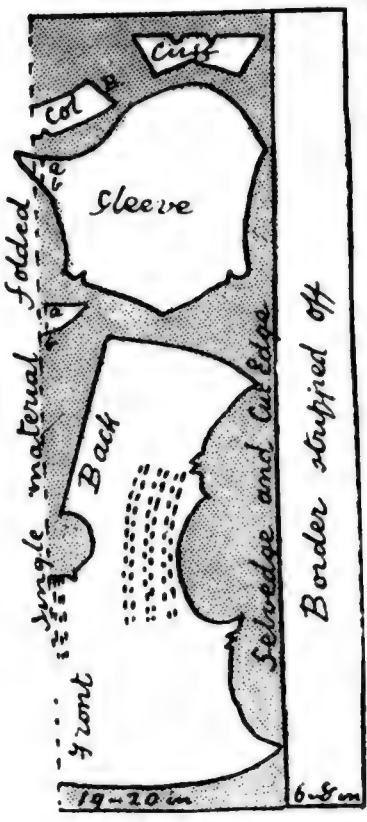


Diagram of Free Blouse Pattern.

Tack the darts, also front and back seams, leaving the opening at the back seam (only very slim figures can stand having the opening in the front pleat). Arrange the pleat, and try on. Stitch and press the seam, replace the pleat and press well. Turn up the hem, and mark it. Stitch on the straps of bordering as shown in the illustration. The opening edges are stitched and finished with felled strips of zephyr. They close with small glove studs. The top is bound with a bias band of zephyr, and closes with two hooks and eyes. The skirt is worn over a white moirette foundation skirt or over a pretty batiste or lawn petticoat.

PLEATED SHIRT BLOUSE IN BORDERED COTTON.

This matches the skirt just described. Everybody must like this very charming model, of Kimona type so far that there is no shoulder seam (back and fronts being cut in one piece); but, though the shoulder is a little long, the sleeve is an ordinary one, seamed into the armhole. This style is most graceful and becoming. An added charm is found in the series of deep pleats (wheelmarked on pattern) made on the blouse shoulder. The diagram, fig. 1, of silk coatee, shows how to tack up on the shoulder these pleats of the blouse. In front centre are three fine tucks—mere "pinches" of material.

The pattern is in four pieces: half the blouse (half of front, one back, cut in one), one shirt sleeve, one cuff, half the band collar, The diagram shows the pattern pieces laid on 2 yards, 46-inch bordered cotton, of which the border is stripped off, leaving from 38-40-inches width, which is doubled over, the selvedge and the cut-edge meeting. The front centre of blouse pattern is laid along the fold so that it is cut entirely in one piece.

Sew the three front tucks, they are very fine, less than ¼ inch when made. Tack the three shoulder pleats. These can be modified in trying on, as, to diminish or lengthen shoulder, the pleats can be increased or let out. They should, however, all be of one width. The lowest shoulder pleat should lie over the junction of shoulder and sleeve. Sew tucks and pleats (specially the latter) by hand if possible. When the blouse is fitted, stitch on the shoulder strap of the border. Make up the collar to flat pattern entirely of border, lined with the zephyr or thin must lin. This collar hooks at back. The blouse closes at back with Newey's Imperial hooks and worked loops. The basque and backs are simply hemmed.

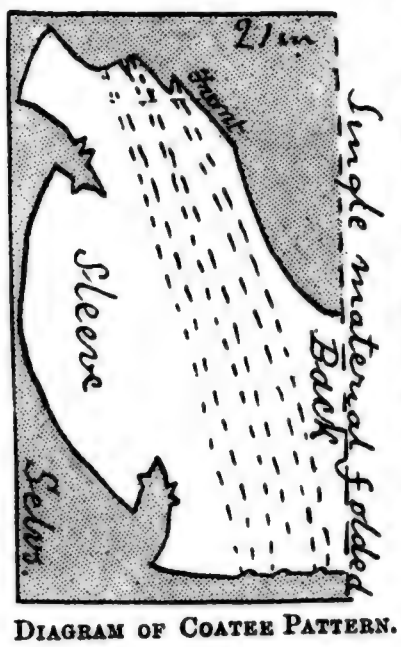


Diagram of Coatee Pattern.

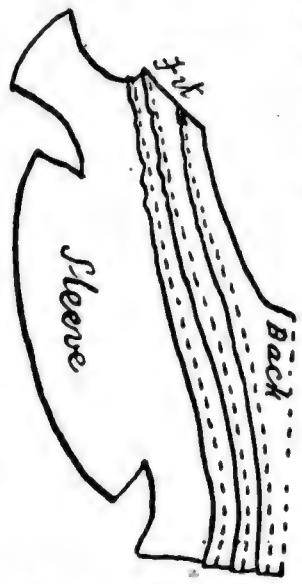


Fig. 1.—Coatee with Pleats Tacked Up.

Seam the sleeve. Slit the lower edge for three or four inches for an opening and hem the slit. Gather into the cuff, which can be made up of border, or be of zephyr with a row of the bordering in the centre. This cuff can close with two hooks and worked loops. The top is gathered. It is pinned in place on the wearer, and is stitched in, the seams being bound for neatness. As this is a washing blouse run-and-fell seams are advisable.

DAINTY LITTLE SILK KIMONA COATEE

This is an ideal little wrap for the holiday outfit. It is light, protective, *most*

"I think your Free Patterns this month are just lovely—far superior to any other journal."—Mrs. F. E. W.

smart, and takes trifling space in the travelling trunk.

The pattern is in one piece: half the coat. It is pleated on the shoulder—pleats wheel-marked. In front the pleats diminish almost to nothing, but the width is uniform at the back, where they are left free below the waistline.

The diagram shows the pattern laid on 1¼ yards 42-inch black taffetas (for this send to the Holborn Silk Market, Holborn Bars, E.C.). Fold the silk (selvedges meeting) and lay the back centre of the pattern on the fold, so that the coatee is cut in a single piece.

Tack down the pleats. The diagram, fig. 1, shows how this is done. Tack the sleeve seam (single notch) and the under-arm seam (double notch). Try on. Avoid meddling with the pleats as much as possible, but a little judicious pulling in here or letting out will secure a smarter fit. The fit should be very easy. Tack inside the pleats except below the rather high waist at back. Stitch the single and double notch seams. Line the edge all round with silk-faced lino to support the broad and narrow black silk braid. The rest of the coatee is unlined. Close edge to edge with tailor hooks and eyes

A folded belt of the silk is mounted at the back of the coat. It passes through the side seams and hooks in front over the blouse.

EMPIRE OVER-DRESS FOR A LITTLE GIRL.

It is a capital model, to be worn over any of the child's white blouses. No petticoat need be worn, only the knickerbockers matching the dress or the stockings.

The pattern is in one piece—half the Empire bodice. The pleated skirt is made up of three widths of 42-inch serge (see diagram). For patterns of serge send to the Bradford Manufacturing Co., M.R., Bradford.

No. 3.—A KIMONA COATEE IN SILK.

No. 4. GIRL'S EMPIRE OVERDRESS.

Nos. 1 and 2.—FOUR-GORE SKIRT AND PLEATED SHIRT BLOUSE IN BORDERED COTTON.

Our Four Free Patterns.

(For Descriptions see Pages 24 & 25.)

The skirt takes three widths of serge, each 24 inches long (our pattern is cut for a girl of eight years). Seam and hem the three widths, leaving open and hemming part of the back seam for an opening. Our diagram shows the doubled, opened-out widths seamed up the selvedges to the

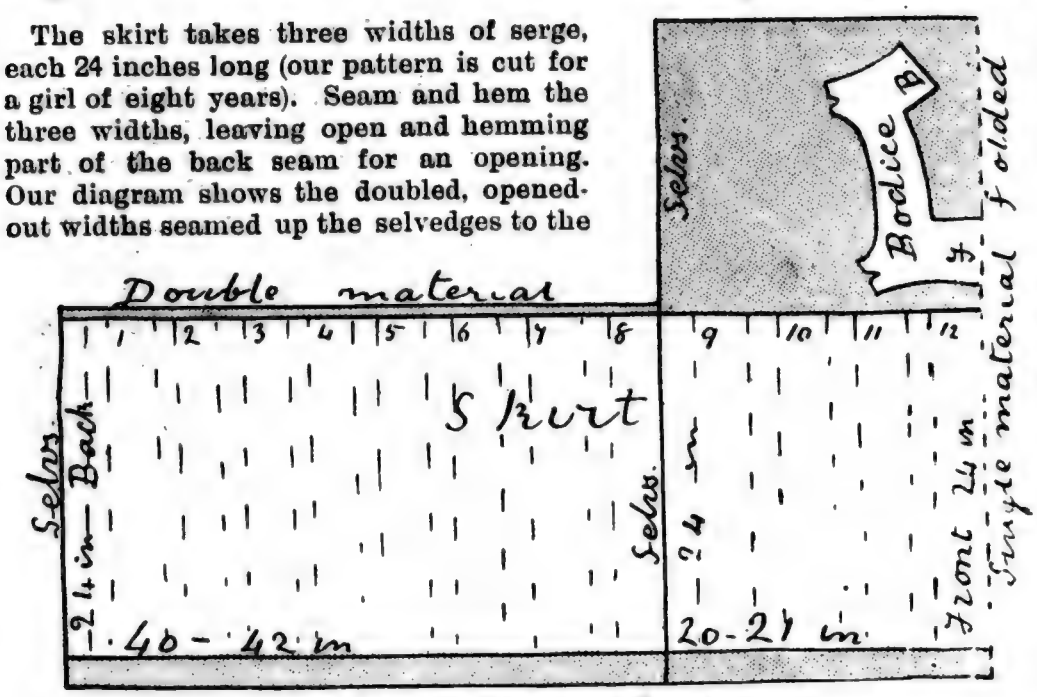


DIAGRAM OF OVERDRESS PATTERN.

selvedges of the single width, which is folded in half. Front centre of the Empire bodice is laid along this fold. Observe that the lower edge of the half front (of bodice pattern) is wider than the back's lower edge. The 24 inches of the skirt is the correct length — add sufficient for the h'em (see diagram).

Pleat up the seamed and hemmed skirt breadths — each half of the skirt makes twelve pleats, turned away to the back, so that the pleats simulate a box-pleat in front and join edge to edge at the back over the opening. When pleated up, the width and a half of serge for half the skirt should measure 24 inches. The diagram Fig. 2 shows the half of skirt with pleats tacked up ready for pressing. Gather the top edge of the skirt.

Embroider the bodice. Mrs. Hamer-Jackson on page 16 fully describes how to do this, and ladies can get the full-size complete transfer of the anchor embroidery for 4½d., post free. Line the bodice and neatly stitch down the neck and armholes. Turn in the lower edge and arrange it on the pleated skirt, taking care to put centre of box pleat in exact front centre. Push the

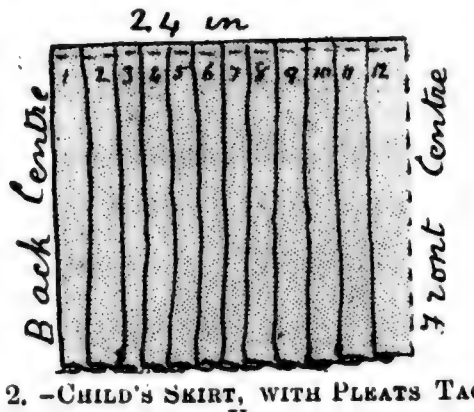


FIG. 2.—CHILD'S SKIRT, WITH PLEATS TACKED UP.

gathers beneath the edge of the pleats as you go along, and you will get an excellent result. When arranged, stitch down the lapped waist seam and fell the lining over the seam. The dress closes at the back with Newsy's Imperial Spring Hooks and Bars.

Practical Dressmaking for Home Workers.

FIVE-GORE SKIRT OF STRIPED VIYELLA OR LINEN.

(For Illustration see No. 7662 page 8.)

THE pattern is in three pieces: half the front, one side, one back. The single notch and the double notch seams (four in all) are lapped, and the lap is given in the pattern—it is a half-inch wide, and is shown by a wheelmark. Of course a turning must be allowed for the upper lap, but as a rule the under lap is left raw edge. The back seam is an ordinary one. The diagram shows the pattern pieces laid on 6 yards 31-36-inch striped Viyella or linen. A material with distinct "up-and-down" must not be used, as it would be impossible to reverse one of skirt breadths. A remarkably short length is required for the costume. The material is opened out and is double beneath side and back gores so that each is cut in duplicate. The single material is folded in half (selvedges meeting), the front centre of front of skirt pattern being laid along the fold, so that it is cut in a single piece. In cutting see that stripes run straight down the centre of each breadth, meeting in V points at seams. Tack together the five gores of the skirt according to the notches, leaving the opening in the left tablier seam, and try on. The top should fit neatly, the flutes flowing from just above the knees. Stitch and press the seams. Finish the opening with bands of sateen, and close with glove studs. Bind the top with a narrow bias band of sateen, and close with two hooks and eyes. The pocket is inserted in the opening, or is put in the foundation skirt or batiste petticoat.

The kimona blouse is a very smart one, cut entirely in one piece, the broad tucks passing over the shoulder. The blouse takes 1¼ yards 36-inch fabric, is unlined, and fastens at the back. If 31-inch fabric is used, where the material is not wide enough, added corners can be seamed on up the selvedges, the stripes meeting

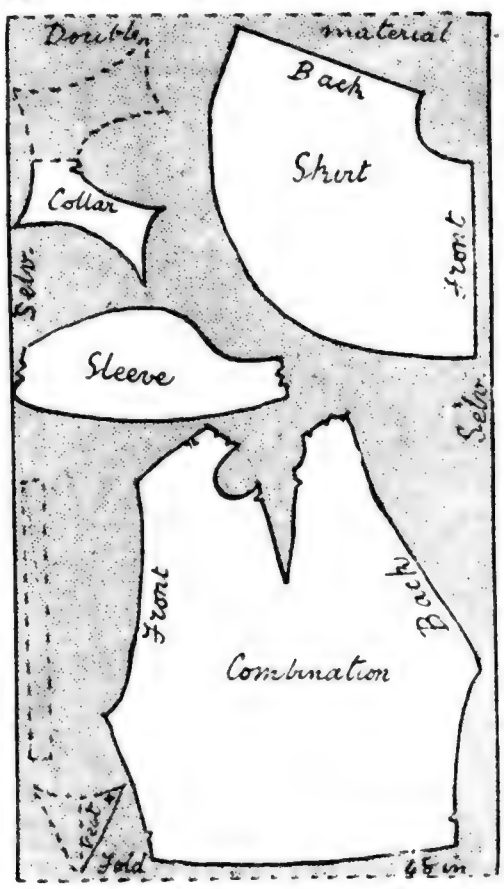


DIAGRAM OF BATHING DRESS PATTERN.

neatly. The neck of the blouse is cut low and is filled in with a separate chemisette of lace or tucked muslin. The sleeve is tucked into a cuff. Edge the blouse neck with lace.

For striped linen, send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

A SMART BATHING DRESS FOR SWIMMERS.

For Illustration see No. 7692, Page 23.

The skirt of a bathing dress is considered more lady-like and becoming for those who merely paddle and bob up and down in the waves; but a true swimmer loathes a skirt; it is so very hampering.

On page 23 we show the swimmer's bathing dress—a complete combination of red alpaca or serge, and a pretty skirt (opening at back) which buttons on to the inside of her waist belt (one button at the back of the belt is enough), so that she can drop her skirt just before

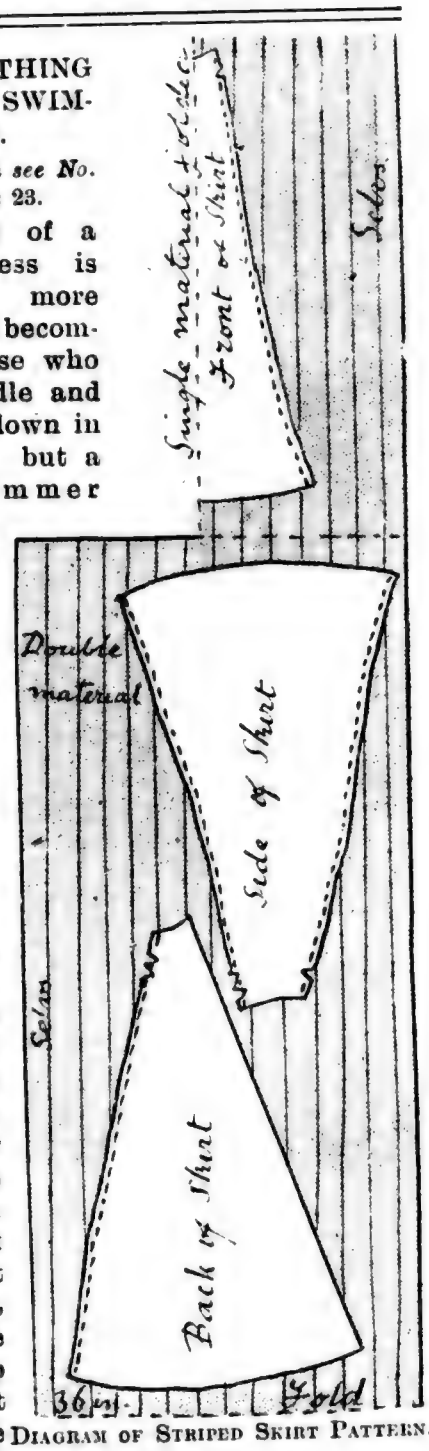


DIAGRAM OF STRIPED SKIRT PATTERN.

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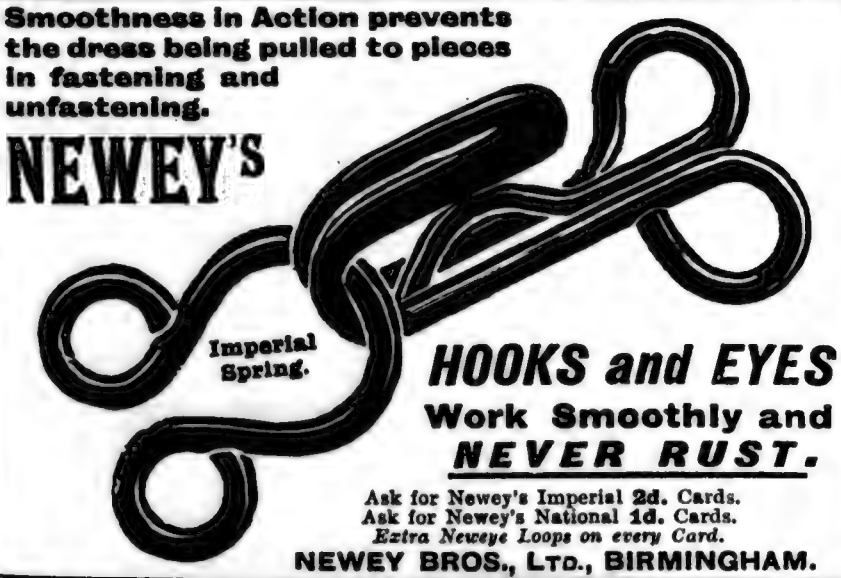

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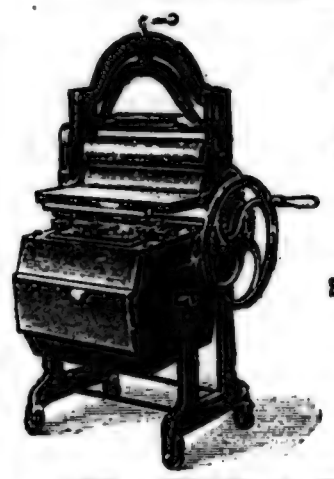

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For Descriptions see Pages 30 to 36.

Price of Paper Patterns. Dressing Gown. 1s. 0½d. *the other Models. each* 6½d., *post free, of* Madame Myra. *10 and 11, Fetter Lane, E.C.*

No. 7701 No. 7702 No. 7703

No. 7704

SMART SEASIDE AND TRAVELLING STYLES FOR MATRONS.

For Descriptions see Pages 30 to 36.

Price of Paper Pattern, Skirt, Coat, Pélérine, Blouses, each 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

she dives into the sea. The combination is trimmed with a white collar of fine serge, linen or alpaca, embroidered with red anchors. The design is the same as that used for the child's Empire Overdress (see free pattern), and the same transfer can be used with a little manipulation.

The pattern is in five pieces—half the skirt, half the combination, one sleeve, half the collar, half the vest. This vest is also white.

The diagram shows the pattern pieces laid on 5 yards, 48-inch serge, which is opened out and is double, so that combination, skirt and sleeve are cut in duplicate. The belt, which should be 2 inches wide when finished, is marked out on the material, and so are the lacking halves of vest and collar, which, of course, should not be cut in duplicate.

There is plenty of waste for the added underfold which holds the buttonholes of the combination front. The seams of the dress (combination) should be bound, so that the rough edges do not distress the skin. The sleeve is arranged into the shoulder. The legs of the combination are drawn up with an elastic runner to form a frill.

The collar (unlined) is seamed to the neck of the combination, a strip of fine lining or sarsenet stitched over the seam. The vest is trimmed with red braid.

The smart bathing wrap can be of house flannel, serge, or striped bath towelling.

Descriptions of Our Illustrations.

Embroidered Frock of Zephyr or Lawn.

No. 7659, The skirt is cut in five gores. The
Page 3. pattern is in three pieces: half the front, one side, one back. The single notch seams are lapped, and the lap is given in the pattern. Of course a turning must be allowed for the upper lap, but as a rule the under lap is left raw edge. The back and side seams are ordinary ones. The material is opened out and is double beneath side and back gore so that each is cut in duplicate. The single material is folded in half (selvedges meeting), the front centre of front of skirt pattern being laid along the fold, so that it is cut in a single piece. Tack together the five gores of the skirt according to the notches, leaving the opening in the left tablier seam, and try on. The top should fit neatly, the flutes flowing from just above the knees. Stitch and press the seams. Finish the opening with bands of linen, and close with glove studs. Bind the top with a narrow bias band of linen and close with two hooks and eyes. The pocket is inserted in the opening, or is put in the foundation skirt or batiste petticoat. The skirt has a stitched hem. Beautiful embroidered blouse. The pattern is in eight pieces —half the pleated and embroidered front which is cut in one with one pleated back, one sleeve, one sleeve lining, one cuff, half the chemisette (two backs and front in one), half the chemisette collar, half the front (to bust) and one back in lining. Use thin batiste for lining. The pleats are wheelmarked on pattern. Lay the pattern pieces on 3¾ yards 36-inch French lawn, which is opened out and is double beneath sleeve pattern, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the front centre of front laid on fold so that it is cut in a single piece. Seams can be made under pleats. First of all embroider kimona and cuffs, scalloping and working the edges which lie on the chemisette and which edge the armhole. Then arrange the pleats. Tack together front and backs of lining, arrange on it the kimona, and try on. Blouse finishes at waist, held by a band of webbing. Stitch pleats. Stitch and fell seams. Edge the worked scallops (inside) with a tiny frill of Valenciennes. Hem the backs, and close invisibly with very small hooks and worked loops. Vest and collar are of lace. Bind the edge of vest with a tiny bias band of the lawn. Sew the collar to the neck of vest according to the notch. Vest and collar close at back with tiny Newey's Imperial Spring Hooks and worked loops. It should be tacked to the blouse to prevent its shifting, but the blouse will be found more easily washed if the vest is detachable from it to be washed separately. Full size transfers of the embroidery (complete front and two cuffs) can be had from Madame Myra (10 and 11, Fetter Lane, E.C.), price 6½d., post free. The seamed puff of the sleeve is arranged on the seamed lining, and the sleeve is then gathered into the lined cuff.

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Yachting or Travelling Dress of Navy Admiralty Serge.

No. 7660. Five-gore skirt, the tablier mounted
Page 6. with lapped seams, cut with smart straps, which are stitched to sides. A very fine braid (black silk) outlines tabliers. Line with linen or silk. Elegant coat—two backs, four sides, two fronts, right front closing over with a strap, like tablier. Edge coat with the fine braid. Face fronts with the serge. Line with white silk cut on the coat pattern, but seamed apart. Face collar with white cloth, decorated with the black braid. Coat closes with a few hooks and worked loops. Two-piece sleeve with braided white cuff. French sailor hat of blue chip, trimmed with blue velvet and black quills. Elegant gown. 42-48-inch serge required, 9 yards. For the serge, send to the Leigh Mills Co., Bradford.

Travelling Coat and Skirt of Striped Alpaca.

No. 7661, Five-gore pleated skirt (pleats
Page 7. wheelmarked on pattern). See that stripes run straight down centre of each breadth. Pleats are stitched down for a few inches. Trim with broad braid or straps of taffetas matching darker stripe. Wear over a separate foundation skirt. Smart coat—two fronts, four sides, one back, two waistcoat fronts (of silk matching paler stripe). Edge coat with the braid or cross-cut strap. The fronts and neck are decorated with appliqués of the plain taffetas. Line with thin silk, cut on coat pattern, but seamed apart. Waistcoat is double breasted and closes with metal buttons. One piece sleeve on a smaller lining, with large cuff faced with taffetas. 46-inch material, 8 yards. For the striped alpaca send to Robinson Brown, Department 9, The Royal Silk Warehouse, Macclesfield.

For Description of No. 7662, see Page 26.

Lovely Pier Gown.

No. 7663, Two-piece umbrella skirt, cut on
Page 9. cross, seamed back and front. The material is seamed up selvedges (stripes meeting neatly) to be wide enough for each circular breadth. The stripes at back and front seams meet elegantly in V points. Double or single width material can be used. 46-inch material, 4 yards. Wear over a separate foundation skirt. Lovely coat of taffetas matching one of the stripes, lined to waist only. Basque (added) open at back and cut in "Handkerchief" points, is unlined. Coat consists of two fronts, a front panel (of white silk veiled with lace jabot) a back. Double unlined pélerine, stitched at hem like added basque. One-piece sleeve on a smaller lining gathered into a lined cuff. Collar and motif on pélerine are braided. Stitched belt of the taffetas. 42-inch taffetas, 5 yards.

Gown for Country Flower Shows, &c.

No. 7664, Seven-gore Empire skirt of Indian
Page 9. muslin hemmed with taffetas. It is secured with hooks at back to the high waist of the blouse. Belt of the taffetas supported on bones. Lovely blouse cut in a white silk lining to close at the back; veil top, with front and back panels, with folded muslin and lace. On this mount the kimona of the muslin, in two pieces, draped on shoulder, hemmed with taffetas. The model is beautifully draped, decorated with rich buttons. Band collar of folded muslin. Fold vest and collar to flat patterns. 46-inch muslin 7 yards, 22-inch taffetas 4 yards.

A Smart Silk or Linen Shirt Blouse.

No. 7665, American yoke is cut in one with
Page 10. front centres. Right front is cut with central panel, blouse hooking on left. The yoke is stitched or braided, and is decorated with false buttonholes of the fine braid and metal buttons. Into this yoke is arranged the tucked back and tucked fronts (tucks wheelmarked on pattern). One-piece sleeve tucked (tucks wheelmarked) to fit cuff, which is decorated like yoke. Added basque. 21-inch silk, 5 yards.

Pleated Blouse of Oriental Satin.

No. 7666, Double-width satin is used. For
Page 10. patterns send to the Holborn Silk Market, Holborn Bars, E.C. Back is cut in one with double-breasted fronts pleated on each shoulder (pleats wheelmarked on pattern). Added basque. Close with buttonholes and enamel buttons. Vest and band collar of guipure. Prettily pleated sleeve (pleats wheelmarked on pattern) on a smaller lining, with lace cuff. 42-inch satin, 2½ yards.

Linen Skirt and Coatee.

No. 7667, Five-gore skirt with wide tablier,
Page 11. the front seams strapped. Braid the strap with very narrow cotton braid. The coatee is in one piece, closing at back. The straps, back and front, are secured to the linen waistbelt. The coatee is hemmed and braided. The straps can hook over the belt, the hooks being on the straps, and the worked loops on the belt. 36-inch linen, 8 yards. Smart tucked muslin blouse decorated with lace. 36-inch muslin, 3¾ yards. For the linen send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

Girl's Embroidered Linen Overall.

No. 7668, This model shows a very original
Page 23. yoke, embroidered like the cuffs with Ösosilkie Brightest Lustre yarn. Full size transfers of the embroidery can be had from Madame Myra, price 6½d., post free. The pattern, cut for a girl of four to six, is in six pieces—half the front, one back, half the front yoke, half the back yoke, one sleeve, one cuff. Lay the pieces on 2 yards 36-inch linen, which is doubled (selvedges meeting), front centres of front and front yoke patterns laid along the fold so that each is cut in one, the other pieces being cut in duplicate. Tack together front and backs of yoke. Embroider yoke. Try on. Gather the skirts into yoke and hem it. Embroider the cuffs. Empire sleeve, gathered into the lined cuff, and gathered into the armhole. For the linen, send to the Bradford Manufacturing Company, Depôt M. R., Bradford

Boy's Viyella Tunic Suit.

No. 7669, The pattern of the tunic cut for a
Page 13. boy of 2-3 years is in four pieces: half the right pleated front (cut with central box-pleat), half the pleated back, the upper and under of one sleeve. The box-pleats are wheelmarked on the pattern pieces. Lay out the pattern on 1⅓ yards 31-inch Viyella, which is folded in half, selvedges meeting, the centre of back pattern laid along the fold so that back is cut in one piece, the other portions being cut in duplicate. Of course, the left front is cut without

"Your patterns are so excellent I do not care to use any other."—A.

the central box-pleat. Boy's garments generally close on the right, but this rule is not stringent with a baby garment like this. Before cutting, the length of the pattern should be laid on the boy's figure, as, to look well, the tunic should cover the seat of the wee knickers, and young children's figures do vary so in length. Knickers will take another ¾ yard—making 2 yards in all. Tack up the pleats of back and fronts. Tack together back and fronts and try on. The pleats can be stitched down to the belt, or they can be secured inside so that the stitching does not show. The left front and lower edge are simply hemmed. The buttonholes are made down the central box-pleat of the right front, which also holds one row of buttons. The hem of the left front holds the second row of buttons. The neck is piped, so that the detachable white linen Eton collar, buttoned on the little shirt, passes over the neck of the blouse. The sleeve is stitched to represent a cuff. It is seamed, and the wrist is hemmed. This very pretty little tunic is very quickly made.

Smocked and Embroidered Kimona Overall.

No. 7670, The pattern of the overall is in **Page 13.** two pieces: one shoulder-strap, and one half of the garment which is cut in a single piece out of 36-inch fine blue linen. From side to side takes the full width, any superfluous material being smocked to fit the child across back and chest. Lay the pattern on 2 yards 36-inch linen, which is folded in half (selvedges meeting). Centre of pattern is laid on the fold so that garment is cut in one piece. Material is slit up back for an opening. Embroider the edge of the sleeve which is cut with the overall. The shoulder is plain and is decorated with the embroidered strap. Full size transfers for the embroidery of shoulder-strap can be had from Madame Myra, price 4½d., post free. For the lovely smocking pattern, see design No. 3, Book No. 21 of "Myra's Library of Needlework" (1½d., post free). The edge of overall is simply hemmed. With a deep hem and several tucks, the overall would allow for growing. Pattern cut for a girl of six years.

No. 7705.—CHILD'S KIMONA OVERDRESS.

For Description see Pages 30 *to* 36.

Price of Paper Pattern, 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

Blouse Frock of Striped Cotton.

No. 7671, Pattern is cut for a girl of six. **Page 13.** Skirt is in three gores, to keep the stripes straight. It is fitted with a band, and is decorated with cross straps of the cotton. Three piece blouse of the cotton, closing in front, the edge supplied with an elastic runner. Collar of white linen, strapped with the striped cotton. One-piece sleeve with strapped white cuff. White vest strapped with cotton. 29-inch cotton, 3 yards. For the striped cotton send to The Bradford Manufacturing Company, Department M. R., Bradford.

Girl's Bathing Dress.

No. 7672, Of blue cotton, trimmed with **Page 13.** striped cotton. Three-piece combination, held with a striped belt (right front cut with box-pleat). Dress closes down front. Trim with bias bands of striped material. Pretty sleeve and collar. For the cotton send to Lewis's, Market Street, Manchester. 29-36-inch cotton for a girl of six, 2 yards.

Boy's Paddling Dress of Viyella.

No. 7673, Two-piece combination closing on **Page 13.** left shoulder. Edges are hemmed and stitched. 31-inch Viyella for a boy of three, 1½ yards.

Embroidered Linen Blouse.

No. 7674, A pleated back and two pleated **Page 14.** fronts, right front cut with box-pleat. Pleats are wheelmarked on pattern. Added basque. One piece collar. One piece sleeve, tucked to fit cuff. Pleat and tucks wheelmarked on pattern. Cuff and collar are feather-stitched and worked with French knots. Front pleat is worked with appliquéd lace medallions and French knots. 36-inch linen, 3¾ yards. For the linen send to Robinson and Cleaver, 40B, Donegal Place, Belfast.

Tucked and Strapped Shirt Blouse.

No. 7675, For linen, lawn, &c. To match **Page 14.** a skirt for a "blouse costume." Could be made of silk or satin. Straps could be of broderie insertion or filet lace, bound with

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satin. A tucked back and two tucked fronts, prettily strapped. Tucks are wheelmarked on pattern. Tucked and strapped sleeves (tucks wheelmarked) gathered into a tucked lower sleeve (tucked to flat pattern). Added basque. The band collar holds a detachable linen collar. Silk tie. 36-inch material required, 4 yards. Metal or pearl buttons.

Strapped Lawn Blouse with Lace Kimona.

No. 7676, **Page 14.** This is a lovely model, consisting of a blouse of mercerised lawn and a lovely net lace kimona strapped with white silk braid. Tucked lawn front and two tucked backs. Tuck lawn collar to flat pattern. Full lawn sleeve gathered on a lawn lining to form a frill. 36-inch mercerised lawn, 4 yards. Cord tie (white silk). Three-piece Kimona of net, seamed on shoulder, so as not to reverse the design. The fringed silk braid, held with metal buttons, forms loops along the shoulder seam. 27-inch net, 2½ yards.

Tucked and Embroidered Muslin Blouse.

No. 7677, **Page 15.** The yoke, cut in one with front panel, is embroidered, outlined with lace medallions and frills of the muslin. Into this yoke is stitched the front and backs of muslin (tucks wheelmarked on pattern). Full sleeves on a smaller muslin lining, with cuff of lace medallions edged with muslin frills. Collar to match cuff. 36-inch muslin, 3¾ yards.

A Beautiful Kimona Blouse.

No. 7678, **Page 15.** To match a skirt. Cut a low-necked blouse lining of white silk with three-piece front. Veil front and back with lace flounces and lace transparent yoke (hooking on left shoulder). Sleeve of the skirt material, pleated on a lining, which holds the lower sleeve of fine lace, mounted into the armhole. Two-piece kimona made of the skirt material, richly pleated (pleats wheelmarked on pattern). Shoulder pleats merge into the sleeve pleats, which are indicated by notches. Filet lace motifs decorate the kimona. Belt of broad ribbon to match, supported on whalebone.

Pretty Summer Blouse.

No. 7679, **Page 15.** The yoke is made up to flat pattern in lace and ribbon-threaded beading. Band collar of lace. Into this yoke (closing at back) is mounted the tucked muslin front and backs. Tucked sleeve (tucked to flat pattern), the armhole outlined with lace, and lace cuff. Tucks of front and back are wheelmarked on pattern. 29-inch material required, 3¾ yards.

A Tucked Pinafore Overblouse.

No. 7680, **Page 15.** Looks very well in printed chiné cottons or silks. It is tucked back and front (tucks wheelmarked on pattern), which is in one piece—half the overblouse. Neck and armhole are hemmed with plain cotton or taffetas matching the chiné flowers. If the design is non-reversible, there must be a seam on the shoulder. Overblouse closes at back and should match a skirt. Wear over a white glacé underslip to which is secured the white guipure yoke and pretty kimona sleeve. For the chiné cottons and silks send to Robinson Brown (Department 9), The Royal Silk Warehouse, Macclesfield.

A Lovely Muslin Frock.

No. 7681, **Page 17.** Seven-gore skirt, eased at waist, of spotted muslin, finished with four cross-cut frills, edged and threaded with Valenciennes lace. Above the flounces are cross draperies of velvet or satin ribbon. Wear over a silk foundation skirt cut in seven gores, edged with a silk pleating. Lovely blouse—a front and two backs, drawn up at the neck, where there is mounted a band collar supported on bones. Double kimona frills of muslin, edged lace, mounted beneath cross draperies of ribbon. Blouse closes at back. On a muslin lining is mounted the three sleeve frills of lace-edged muslin. Charming model. 36-inch muslin, 12 yards. "Charlotte" hat of plain muslin with double pleated frill.

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Smart Frock of Plain and Embroidered Lawn.

No. 7682, **Page 18.** For patterns of plain and "all-over" embroidered lawns, send to Peter Robinson's, Oxford St., W. The corselet skirt is long, fitted, and clinging, but very full at the feet, where a shaped band of the "all-over" embroidery is mounted, topped with a strap of the plain fabric. The opening is at the back. Mount on a fitted and boned corselet lining. Wear over a fitted silk foundation skirt. Beautiful coat of the "all-over" embroidery. Choose a "reversible" pattern. One front is cut with half the sleeve and half the back. There are two side pieces on each side, and an under sleeve. The coat is lined with the plain lawn to give it substance, and is strapped all round and up the back seam with the plain fabric. Coat closes with three buttons. Little waistcoat can be added of the plain material. Very original model. 36-inch lawn, 14 yards, 22-inch "all-over," 6 yards.

No. 7703.—Skirt and Blouse for Silk, Muslin, &c.
For Description see Pages 30 to 36.
Price of Paper Patterns, Skirt, or Blouse, each 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Travelling or Cycling Costume of Tweed or Serge.

No. 7683, **Page 19.** This is a new style of cycling skirt which hangs beautifully on the cycle. It is cut full at sides and back from the knees, so that there is plenty of material to fall gracefully right and left of the back wheel; yet the skirt is without the deep box pleat at the waist, which was always rather difficult to arrange in place; besides, the absence of this deep pleat makes the skirt lighter, as the requisite fulness, to fall correctly, is only where it is wanted—below the hip, commencing from nothing. It is a capital travelling or pedestrian skirt. This is a good model for the excellent "Admiralty" serges, which are all wool and are ready shrunk, so that the material neither spots nor shrinks—indeed, the Admiralty serges will stand hot soda water. For patterns of these serges write to the makers, The Leigh Mills Co., Ltd., Bradford. The pattern of the skirt is in two pieces; half the front, one circular side. The front seams are lapped, the lap being given in the pattern. A small dart on each circular side helps to fit the skirt. Lay pattern pieces on 3½ yards 48-54-inch material, which is opened out and double beneath the circular side, so that it is cut in duplicate. The single material is doubled in half (selvedges meeting), the front centre of front pattern laid on the fold, so that it is cut in a single piece. Tack together fronts and backs according to the notches, leaving the opening in the left tablier seam. Tack the back seam. Try on. Stitch and press the seams. Cut a light sateen lining on skirt pattern. Finish the side opening by turning in the lining over the serge turning (turned over a narrow band of lino) and stitching down. Close with Newey's Imperial Spring hooks and bars. Bind the top and close with hooks and eyes. Put the pocket in the opening. Turn up the hem. If front seams are lapped (the best way for a useful tailor skirt), it looks best merely to stitch down the hem on front lining before the lining is finally adjusted in place (stitches not to show). Turn the rest of the hem, sides and back, over the lining, and stitch down. If sides are unlined, put a band of Prussian binding over the hem's raw edge, and see that the rows of stitching hold it well down, so that there is nothing to catch foot or pedal of cycle. The hem should be well pressed and shrunk into shape by a very hot iron passed over a wet woollen cloth (white if possible, so that it may not stain the skirt). The coat is a very pretty one—a back, four sides, two two-piece fronts. Front and back seams are lapped (lap given in the pattern). Face fronts with white cloth laid on white lino. Collar is faced to match. Coat is single-breasted, closing with oxidised buttons and buttonholes made in left front. Line with white silk or polonaise, cut on coat pattern but seamed apart, lining edges slipstitched on stitched coat edges and front facings. Edges should be stitched over a band of lino. One-piece sleeve on a smaller lining with stiffened white cuff. 48-52-inch serge for coat, 2½ yards.

Pretty Coat and Skirt of Viyella.

No. 7684, **Page 19.** Charming model of striped green and white Viyella. Seven-gore skirt fitted at top, but flowing at feet. Strap seams with bands of green linen matching the green stripe. Wear over a 5-gore foundation skirt. Green metal buttons. Dainty little coat: a back, four sides, two two-piece fronts, a reefer collar. A bias band of the linen straps front and back seams, and edges the coat, which fits nicely. The button-holes are made in right front. Face fronts with Viyella, and face collar with the linen. A facing of lining is stitched like a cuff on the Viyella. Two-piece sleeve. 31-inch Viyella, 13 yards.

"Myra's Journal is the best fashion book one can buy, and the Free Patterns are lovely."—M. Y. A.

A Renovated Seaside Hat.

No. 7685, **Page 20.** A last year's wire frame is re-covered with folds of pink muslin, the brim lined with a kilting of the same. To alter the old fashioned crown, a kilting of muslin is mounted round it, with a wreath of forget-me-not in the middle.

A "Charlotte" Hat of "All-over" Embroidery.

No. 7685a, **Page 20.** The pattern is in three pieces, the complete hat: the crown, the head band, the complete frill, which should be cut on the cross. The single notch on crown and band indicates the front of the hat, the double notch the back. The narrow part of the frill is the front, as the present hat brims are all wider at the back than in the front. Lay the pattern pieces on 1½ yards 22-inch "all-over" embroidery. The head band, made of plain muslin, is seamed at the back. The wearer should draw in or let out this band to suit her head or style of hair-dressing. A roomy band is allowed for, as hats are wide nowadays, and rest on piled-up hair of some volume. This band should be stiffened with lino or by cording, unless it should be lined with a strip of material so as to cover the loose edges of crown and frill. Into the top edge is gathered the circular crown, the single and double notches coinciding. Into the lower edge is gathered the scalloped frill, which is seamed at the back Single width material will not give the full length of the frill even on the cross, so that a piece must be seamed on up the selvedges of the broderie. This seam, well made, is not noticeable when the brim is pleated up. See that the narrower centre exactly coincides with the central single notch of crown and band, the back seam joining seam of back band. It improves the hat to mount a lace flounce inside the frill, held to the pleated frill here and there with a stitch, which, like the ribbon twist, can be removed for washing. The ribbon twist helps to keep up the crown. Broad soft ribbon can be used, or narrower stiffer ribbon. Flouncing can replace cross-cut frill. The brim falls on the hair, and, therefore, looks best on a "padded coiffure" or Empire urls of some volume.

Seaside Hat.

No. 7688. **Page 20.** Of Tuscan straw, crown draped with white silk muslin. Roses on the left.

A Lovely Tea-Gown.

No. 7687, **Page 21.** This is a beautiful utility dress, suitable for the casino at foreign resorts, for table d'hote at smart hotels, and, filled in with a detachable yoke, makes a beautiful dress for country garden parties, flower shows, &c. Seven-gore Empire skirt of blue taffetas, in seven gores, simply hemmed, worn over a five-gore foundation skirt. Cut an Empire bodice lining to close on left of centre front panel. Back and sides are veiled with taffetas, the front panel having taffetas very full. On this is arranged the lovely "coat" draperies of lace net—a back, forming a point, tied in with net bows, two sides, also tied in with bows, and two fronts similarly tied. This is draped on the bodice by means of chiné blue ribbon. The transparent net sleeve is gathered up the seam. The net edges are exquisitely finished with a ball fringe matching the net. 42-inch taffetas, 7 yards. 27-inch net, 8 yards. For the taffetas, send to the Holborn Silk Market, Holborn Bars, E.C.

A Kimona Over-Blouse.

No. 7688, **Page 21.** To match the skirt. Wear over any lace or muslin blouse. It is pleated front and back and closes at back. For narrow materials join breadths under pleats. Pattern is in one piece—half the kimona. Pleats are wheelmarked on pattern. Trim with broad fancy silk braid. Top is edged with ribbon, and a broader ribbon drapery is passed through worked rings. Double-width material 1¼ yards.

Smart Directoire Coat and Skirt.

No. 7689. **Page 22.** Four-gore skirt of blue alpaca, with lapped seam in front, decorated very handsomely with black silk braid. Wear over a seven-gore "eel" foundation skirt. Beautiful coat with lapped seams front and back left open below waist, and edged with braid to recall the skirt decoration. Revers are cut with front. One-piece collar. Face collar and revers with the alpaca, and edge with braid. Smart sleeve on a smaller lining, with stiffened Directoire cuffs edged with braid. 46-inch alpaca, 7 yards. Skirt is trimmed to look as if "cut up" like coat.

The "Swing Back" Dust Cloak.

No. 7690, **Page 22.** A good tussore or cloth should build this wrap in "natural" tussore or some pale shade. A noticeable feature is the very large armhole, accentuated by a shaped strap of tussore, which has its edges turned over a band of lino, and is slip-stitched in place after the large one-piece sleeve is seamed into the armhole. The thin white silk lining to hip is cut on the coat pattern, except the sleeve, which has a lining equally "roomy," but *shorter*, so that the sleeve puffs elegantly over the big cuff. The coat has two backs, an added back centre, and two fronts. The back centre is added, cut very sloping, so that there is plenty of material to fall in deep natural flutes at the lower edge. The back seams are lapped. Those at the side are done in the ordinary way—small neat seams. The collar is of white moire lined with white silk. The cuff is faced to match. The garment closes with a few hooks and eyes at the collar. 32-inch tussore, 10 yards. For tussore for this smart garment send to Robinson Brown, Department 9, Royal Silk Warehouse, Macclesfield.

Pretty Style for Thin Shepherd's Plaid or Striped Cotton.

No. 7691, **Page 22.** Five-gore skirt. See that stripes run straight down centre of breadths. Seams are hidden in pleats (pleats wheelmarked on pattern), top of pleats covered with smart straps on cross; pattern of longest strap (front) being given. Pretty little Kimona coat—back, sleeves and front, cut in one piece, the lower part pleated into a lined shaped band which edges the whole coat. Edge the kimona sleeve with a strap. Coat closes with a single button and buttonhole. Very cool and pretty

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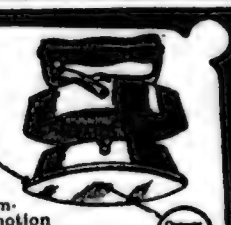

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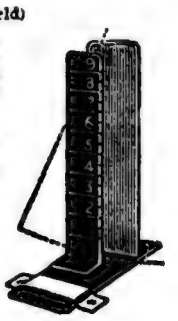

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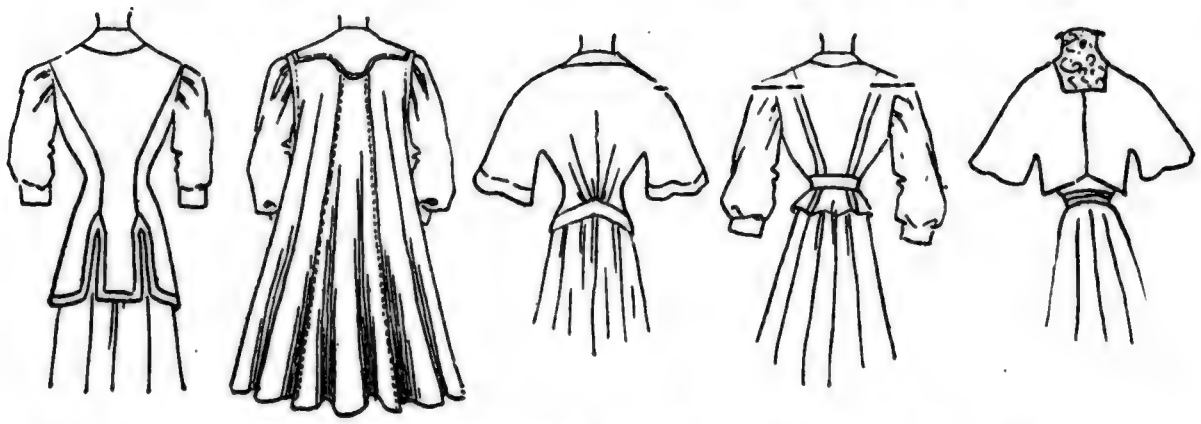

Back Views of Nos. 7689 to 7694 (Pages 22 and 23).

model. Does for single or double width material, as seams can be made up selvedges which do not show if stripes meet nicely. 48-inch material, 6 yards.

For Description of Bathing Dress No. 7692 see page 26.

Sea-Side or Travelling Frock.

No. 7693, **Page 23.** Charming model for Admiralty Serge of light weight. Five-gore pleated skirt, simply hemmed (the pleats wheel-marked on pattern). Wear over any petticoat, or a five-gore moirette foundation skirt. Smart Norfolk coat. Fronts and back centres are seamed beneath a curved strap on the cross, which passes over the shoulder. There are also two side pieces on each side. Face fronts with material, with added slipstitched facings of white cloth on the revers. Reefer collar, faced with the white material. Coat closes with button-holes and metal buttons. One-piece sleeve on a smaller lining, with cuff faced like collar. Line with white silk or polonaise, cut on coat pattern, but seamed apart, the edges slipstitched to stitched coat edges and front facings. 48-52-inch serge 7 yards. For the serge send to the Leigh Mills Company, Bradford. Collar and cuffs can be embroidered with anchors adapted from the transfer of embroidery on page 16.

Panelled Skirt and Kimona Coatee of Admiralty Serge.

No. 7694, **Page 23.** Skirt is cut in five gores. The pattern is in three pieces; half the front, one side, one back. The single notch and the double notch seams (four in all) are lapped, and the lap is given in the pattern, shown by a dotted line. Of course a turning must be allowed for the upper lap, but as a rule the under lap is left raw edge. The back seam is an ordinary one. The coatee is cut in a single piece; the pattern is half the coatee (half of front, one sleeve and one back in one piece). Lay the four pattern pieces (three for skirt and one for coatee) on 5 yards 54-inch serge which can be reversed. A material with distinct "up and down" must not be used, as it would necessitate either backs or front of coatee being the wrong way up of the material. This being so, material can be saved by reversing one of the breadths. Hence the remarkably short length required for the costume. The material is folded in half (selvedges meeting), the front centre of front of skirt and coatee patterns being laid along the fold, so that each is cut in a single piece. Tack together the five gores of the skirt according to the notches, leaving the opening in the left tablier seam, and try on. The top should fit neatly, the flutes flowing from just above the knees. Stitch and press the seams. Finish the opening with bands of silk, and close with glove studs. Bind the top with a ribbon and close with two hooks and eyes. The pocket is inserted in the opening, or is put in the foundation skirt or batiste petticoat. The skirt, finished with a stitched hem, is worn over a five-gore foundation skirt, tucked at edge to flat pattern. It can be mounted into the same waist ribbon as the skirt. The lower part of the coatee's front forms a box pleat, which is hemmed at the lower edge and is held by the belt. The pleat—it is really a sort of breast dart—is shown by dotted lines at the edge in the pattern. The rest of the lower edge of the coatee, like the neck and kimona sleeve, has a stitched hem. The front and neck is braided in white. Tack the under-arm seams of coatee (double notches coinciding) and tack the seam of each sleeve (single notches coinciding). The two backs are hemmed and hold the excellent Bates's Patent Hooks and Eyes, which are the very thing for this purpose, as they press into each other and cannot pull apart. This is a particularly lovely little coatee. The box pleat in the front, being held by the belt, keeps the whole thing in place, and the stitched edge just lies on the belt. It can be worn over a complete lace or muslin blouse, or over a glacé underslip (closing at back), to which is secured a chemisette and elbow sleeve of muslin or lace. Patterns of the serge should be sent for to The Leigh Mills Company, Bradford.

A Kimona Underslip.

No. 7695, **Page 28.** Good model to wear under Kimona lace blouses. It is cut in one piece out of double-width soft silk. The sleeve and lower edge are gathered into a ribbon threaded beading. The square neck is decorated with lace and ribbon-threaded beading. 42-inch material, 1¼ yards.

A Kimona Dressing Gown.

No. 7696, **Page 28.** For this model a double width material is required to avoid unsightly seams across the sleeves. It makes up very well in veiling or cashmere. The pattern is in four pieces: half the kimona (one back, one sleeve, one front, cut in one), one side piece, one under sleeve, half the collar. Lay the pattern pieces on 7¾ yards 46-inch material, which is opened out, and is double, so that each piece is cut in duplicate. The lower edge is hemmed invisibly from the back (the French hem). A material with no distinct "up and down" must be chosen, as either back or front must be reversed. When cut, tack the side piece to front and back, making single and double notches coincide with each other. Then tack in the under sleeve (triple and quadruple notches coinciding). Then join together the two backs and try on. The fit must be very easy. The gown is very quickly made. Line to hip with thin silk. The seams of skirt are felled. The gown closes with buttons and worked loops. Strips of the material or silk must face the fronts, Many ladies prefer the gown lined throughout. If the lining is silk, front strips of the gown material can be dispensed with, an interlining of muslin supporting the loops and the buttons, hidden by the silk lining. Kimona collar and sleeve band of silk.

A Kimona Night Dress.

No. 7697, **Page 28.** Pattern in one piece—half the gown. If single width material is used there must be a seam up front and back, but it is more economical to cut the centre out of the material and seam up the selvedges, strips across sleeves, and at lower edge of gown. If a striped veiling is chosen the seams will not show. Straps of lace trim the front. Edge neck and sleeves with lace. An added stitched band holds the buttonholes. 36-inch material 5 yards. To match No. 7695.

A Kimona Dressing Jacket.

No. 7698. **Page 28.** Cut in a single piece, out of double width material. Sleeves, back, and front, are edged with lace. 42-inch material, 1¾ yards.

Viyella Linings for Cycling Knickerbockers.

No. 7699, **Page 28.** These are shaped on the principle of knickerbockers No. 7700, but there is no shaped waist band, and the knee band is looser and seamed (to pass over the foot). The top has straight band supplied all round with buttonholes. 36-inch Viyella, 3 yards.

Cycling Knickerbockers.

No. 7700, **Page 28.** Pattern in four pieces: half the knickers (cut with back flap), half the shaped band, one knee band, half the flap band. The shaped band should be lined. It buttons at the back and has the upper ends supplied with runners of tape. It holds the buttons for the buttonholes made in the lined shaped band into which the flap is gathered. Slit and hem the legs for an opening, and gather into the lined knee band, which closes with button and buttonhole. 42-52-inch tweed, 2 yards. Small buttons are sewn inside shaped band to hold the removable linings.

Lace "Mantilla" Pelerine for a Matron.

No. 7701, **Page 29.** It should be lined with black chiffon. Pattern in two pieces: half the pélerine, half the collar. Back and front are cut in one. The smart peplum points are tipped with tassels. 36-inch lace, 3 yards. Edge with lace insertion.

Matron's Blouse for Striped Cotton Gown.

No. 7702, **Page 29.** Crossed fronts and back cut on the straight. Added basque. Vest and band collar of white muslin. Fichu made up of cross-cut bands and lace. Gigot sleeve, decorated with cross-cut bands and lace. 36-inch linen, 4 yards. To match a skirt.

Matron's Travelling Coat and Skirt.

No. 7703, **Page 29.** Excellent model for navy mohair or Sicilienne alpaca. For patterns send to the Bradford Manufacturing Co., Bradford. The seven-gore skirt is semi-long, fitted at top, but very full at the feet. The opening is in the left side seam, the lapped seam of the tablier. Straps of mohair decorate skirt sides. Metal buttons. The skirt has the French hem (felled invisibly from the back), lined with lino. Wear over a fitted silk foundation skirt. Beautiful coat. The front is cut with half the sleeve and half the back. There is a side piece on each side, and an under sleeve. Large revers collar faced with braided white cloth. Braid the sleeve edge. Line with white silk cut on coat pattern, but seamed apart, slipstitched to the turned coat edges. Coat is short waisted at back.

Back Views of the Four Free Patterns.

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue, W. G., N.

Straps decorate the fronts, which are faced with mohair and hook edge to edge. 46-inch mohair, 9 yards. For the mohair send to the Bradford Manufactaring Company, Dept. M. R., Bradford.

Matron's Foulard Blouse.

No. 7704, **Page 29.** It is pleated back and front, front and back cut in one, pleats wheelmarked on shoulder. Edge with filet lace. Vest of white silk with yoke of Valenciennes. Ruffled gigot sleeve, Band collar of Valenciennes. 22-inch foulard, 4 yards. For the foulard send to the Holborn Silk Market, Holborn Bars, E.C.

Child's Kimona Dress of Zephyr.

No. 7705. **Page 31.** Kimona over-dress—a front and back cut in one, slit for an opening at back. Neck is cut square. Tuck sleeve and skirt edge to flat pattern. Front and back tucks are wheelmarked. Decorate with broderie Anglaise. Make a belt of the broderie, stiffened with lino. Wear over any white washing blouse. 29-36-inch material, for a girl of six, 2½ yards.

Elegant Skirt and Blouse for Chine and Striped Silks.

No. 7706, **Page 32.** This lovely model shows how, in Paris, they are building the dainty summer fabrics in stripes or combined stripes and chiné flowers. Muslins, silks, mousslines de laine are made up like this. The material used is a single-width printed taffetas, 1s. 11½d. (white, with black stripes and chiné pink roses scattered across the striped fabric), from Robinson Brown, Department 9, the Royal Silk Warehouse, Macclesfield. Single or double-width material can be used, as breadths of single-width silks can be seamed up the selvedges, the seams being quite invisible if stripes and chiné design meet accurately. The pattern is in three pieces: half the tablier, one side, half the box-pleat back. The tablier has the stripes *horizontal*, the side has its stripes *diagonal*, and the back has the stripes *vertical*—a beautiful combination. To prevent the different directions of the stripes clashing, a velvet band covers the front (single notch) seams, and the pleat of the back covers the back (double notch) seams. Lay the pattern pieces on 11 yards of 21-inch material. If a blouse of the same is going to be cut, there is plenty of material for fronts and backs in the waste, when only material for sleeves will be required. The material is opened out, and is double beneath circular side pattern, but the width of the material has to be eked out with added pieces, seamed on up selvedges. The front is laid on the single material, but with the length of the tablier made up from width of the material. The single material is folded over, the back centre of the box-pleat back laid along the fold, so that it is cut in one piece. Tack together front, sides, and back, leaving the opening beneath box-pleat. Arrange the pleat and try on. Sew the seams. Cover the front seams with a bias band of black velvet. Hem the lower edge and sew frills of lace inside the hem. The pocket opening is beneath the box-pleat. The top is bound with white sarsenet and closes with hooks and eyes. This lovely skirt is worn over a light white silk foundation skirt, which is made made up apart, and joins only at back opening and at top binding. The blouse again shows the latest style of the season—the striped chiné fabrics decorated with broad filet lace on Renaissance guipure which is embroidered with flowers recalling the flowers on the chiné fabric. The lovely blouse pattern is built of the striped and chiné foulard silk used for the skirt I have just described. The fichu decoration is of 8-inch Renaissance guipure embroidered with coloured ribbon to recall the chiné rose design on the foulard. The pattern is in six pieces: one back, one front, half the vest (of net), half the collar (of net), one sleeve, one sleeve lining. Lay the pattern pieces for silk on 5 yards 21 inch material. Narrow width silk does quite well, as the narrow fabric can be seamed (stripes and chiné flowers made to meet) up the selvedges. If both skirt and blouse are required, fronts can be cut out of the skirt waste, and then only 3 yards will be required. Tack together fronts and backs (see that stripes meet down back and on shoulder). Cut the vest out of 27-inch net. Gather or tuck it to fit into collar. Mount the vest inside the right front according to the single notch. Try on. Sew the seams—neat felled seams. The blouse closes at left with very small hooks (Newey's Imperial Spring Hooks) and worked loops. Fold net to fit the collar pattern, supporting the folds on fine cased bones. Arrange collar on blouse, seaming the right half to the neck. The left half is free, the blouse neck being bound for neatness, because the collar hooks at the back, a small hook and worked loop securing it to the left front. The collar top is bound with black velvet to match the stripe of the muslin. Two yards of lace are required for the fichu. The full width is left on the shoulder (18 ins. above front end); the lace's top edge is mitred off to 4½ ins. at the waist (back and front). This cut edge is bound with black velvet, matching the stripe. The fichu veils on the shoulder the seam joining sleeve and blouse. The sleeve is a very lovely one. Up the centre a sort of tuck is made (width shown by notches in the pattern), gathered and ruffled up to fit the lining. Full size transfer of lace embroidery, 3½d., post free.

Details of Dress for the Seaside Outfit.

Nos. 7708 to 7712, **Page 36.** It is always an object to save an excess of luggage, and, therefore, we need plenty of pretty accessories of dress to supply extra daintiness and variety. No. 7708 is a one-piece kimona yoke of lace with kimona armhole of lace insertion, and a band collar of wider insertion. This would be carried out in "allover" broderie, edged with narrow insertion. No. 7709 is a collar of broderie Anglaise, with frills and tie of plain muslin, to smarten a plain blouse, No. 7710 is a charming kimona over-blouse of lace net, decorated with tasselled straps of filet lace and Valenciennes insertion—a capital method of using up odds and ends of lace, &c. No. 7711 is a pretty collar of lace bound with muslin, with the fashionable jabot of pleated muslin edged with Valenciennes. A lovely lace coatee (kimona) is shown at No. 7712, cut in a single piece, edged with fine silk guimp. No. 7713 is a collar and cuff of tucked muslin and lace, with neck and wrist frills of the muslin.

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Results of the Prize Competition.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following prize recipes:—

Meat and Rice Pie.—Beat up an egg, with a breakfastcupful of cold, boiled rice, add some melted butter to it and a little salt; line the bottom and sides of a small piedish with it, pressing it firmly; put it into the oven until hot. Fill up the centre with any hot and savoury mince, made from any kind of cold meat or poultry. Serve very hot.—Mrs. A. Alcock, 2, Rockview Terrace, Montenoth, Co. Cork.

Apple Meringue. — Peel, core, and stew four apples. Add one tablespoonful of cornflour, a piece of butter the size of an egg, half a cupful of sugar, a cupful of milk, the yolks of two eggs, and the grated rind of a lemon, and beat well together. Line a piedish with short pastry, pour in the mixture, and bake three-quarters of an hour in a moderate oven. Whisk the whites of two eggs with two dessertspoonfuls of sugar to a stiff froth, and spread over the top, and return to the oven to brown a little.—Mrs. Cardwell, 51, Thickelford Road, Tonge Moor, Bolton, Lancs.

A Very Nice Way to Use Up Cold Roast Pork.—Rub a small saucepan with a clove or garlic, then put an ounce of butter in the pan to melt, chop two shallots fine, and add to the butter, then dredge in carefully a dessertspoonful of flour, shaking the saucepan about while doing so, otherwise the flour would stick to the bottom of the pan; add a quarter of a pint of stock, or a piece of glaze if the stock is not handy, a tablespoonful of vinegar, a teaspoonful of crushed capers, a teaspoonful of mixed mustard, six peppercorns, and half a teaspoonful of the essence of anchovy. Simmer the sauce gently for twenty minutes, then strain through a gravy strainer and add the pork, or whatever it may be, cut small, heat it thoroughly in the sauce, but do not allow it to boil, as that would render the meat hard. Before dishing up, but not until the last moment, add half a tablespoonful of red currrant jelly, stir, and serve hot.—Miss M. Fisher, 54, Southgate Road, Hackney, N.

Epigrams of Mutton.—An excellent way of using up short bones and breast of mutton is first to braise them in the usual way, and, when done, to bone them and sprinkle them well with chopped parsley and shallot. Put them between two plates to press. When cold cut in to any shape, and egg and bread-crumbs one half, and fry them. Warm the other half in a little gravy. Dish them alternately round a macedoine of vegetables, and pour good gravy round them.—Miss R. Skrine, Elderfield, Ollerbourne, nr. Winchester, Hants.

No. 7708 Nos. 7709 & 7710

No. 7711 No 7712 No. 7713

Details of Dress for the Sea-side Outfit.

For Description see Page 35.

Price of Paper Pattern, each 3½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

A Use for Old Incandescent Mantles.—When incandescent mantles have become useless, do not throw them away, but crush the broken fragments into a box, and use the powder thus obtained for polishing silver. This is especially useful for engraved silver or for filagree work.—Miss N. H. Baird, Shulford Mills, Banbury.

For broken china use this cement, which is excellent:—Get 4oz clear gum arabic (brown will not do). Dissolve in 6oz distilled water; add 6oz white cane sugar and 3oz best white starch. Let dissolve. Put the mixture in a jar, which stand in a saucepan of water and boil until the starch becomes clear. When it begins to cool, add a few drops of essence of cloves. Keep well corked. To use: Wash the china in warm water, dry thoroughly, and while still warm apply a little of the mixture and press the pieces together, and let stand for several hours.—Madeline Dalziel, Rosslyn Villas, Dundee, N.B.

To Remove Marks on Scorched Linen.—Boil 2oz of Fuller's earth in half a pint of vinegar. Add about fifteen grains of Castile soap or the juice of two onions, and mix well together. Lay this paste on the scorched and damaged parts of the linen, and if it is not too badly burned it will soon return to its original whiteness.—Miss C. Holligan, Brabazon House, Moreton Street, S.W.

Three Uses for Boiling Water.—(1) When roasting a joint in the oven, place a tin of water on the oven shelf, to keep boiling. It will prevent the unpleasant smell of cooking rising and penetrating the house. (2) To prevent the gravy or juice boiling out of pies, stand them in a dripping tin with some boiling water in, while baking. (3) To keep food hot without becoming dry, place the plate or dish in which it is waiting over a tin of boiling water, and cover with a basin or tin cover.—C. Paxton, Duke Street, Darlington.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

Miss Barrowman, winner of a 2s. 6d. prize, wishes me to correct a printer's error in her prize recipe (Dropped Scones), printed in our June number. "1lb of syrup" should have read "one tablespoonful of syrup."

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JULY, 1908.

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COOKERY & HOUSEHOLD MANAGEMENT.

CONCERNING BUTTER.

EVERY summer the old problem, "How shall we keep the butter cool?" presents itself to the thrifty housewife; but not every housewife remembers, also, the other summer butter problem—"How shall we preserve this cheap and good butter, so that we shall have it in winter when butter is scarce and expensive, and by no means always good?"

To the first question the first obvious answer is, "Keep it in a cool place"; but that is by no means all, for summer heat has a trick of invading the coolest recesses of our larders, and evading all our precautions. However, even this may be circumvented, and the very heat itself be turned to acccunt to attain what we wish.

It is well-known that where greatest evaporation takes place, there, also, is the greatest coolness; therefore, let us provide for evaporation by putting our butter into the most favourable conditions for it. Have the butter on an inverted plate, which must stand on a larger plate or dish (a soup plate or a meat dish will answer the purpose) containing water. Next, have a delicately clean flower-pot, sufficiently large to cover the butter; put it, also inverted, over the butter; and on top of all have a towel, wrung out of cold water. Let this cover over the whole of the flower-pot, and have its ends lying in the outer dish. Add water as required, and keep the towel wet. The butter under this will keep firm and cool in the very hottest weather, as I know from personal experience, but ONLY if the water supply is kept up constantly.

Some people use flannel instead of a towel, and go to the trouble of perpetually trotting to the larder to wring it out in fresh water; but the method I have named, of having water in an outer dish, is much to be preferred to a flannel which usually only gives alternations of damp and dry, and not a steady-cooling and constant "wet blanket."

Much butter is often wasted in summer by careless removing of wrapping paper, even when grease-proof paper is used. If, instead of taking the paper off at once, while the butter is hot and almost oily, the whole parcel is put, just as it is, into a basin of salt and water and left for a while it will become quite hard and firm. The paper will come away quite cleanly and when the butter is wanted for use it will be nice and firm.

If the butter becomes stale—as it so often does much too soon in hot weather—it may be made quite fresh and nice again by washing it in new milk. To do this, have the milk in a basin, put the butter in and "dump" it about, kneading it well until it is thoroughly well washed. Then pour the milk away and rinse the butter well with cold water slightly salted. This hint is really valuable, and I have had very undesirably flavoured butter made perfectly fresh and nice by this very simple process.

To preserve butter for winter use is a very simple matter. It is best done in July and September, and though it is, undoubtedly, well to put down all we mean to store at one time, it is quite possible to do it by degrees—which is often a great boon in a household where housekeeping resources are small.

First we want a crock of brown earthenware, with a glazed surface inside. It must be thoroughly washed, most thoroughly scalded with boiling water, and then rinsed with ice-cold water and very thoroughly dried, and then it is ready for the butter. This must be put in as lightly as possible, packed and pressed down so that no airholes remain, and, whether the quantity be large or small which is put into the crock, brine must be put over it at once to the depth of three or four inches, to exclude air absolutely.

For the brine the simplest recipe is the country cottager's: "Have as much boiling water as you want, and then stir salt in, and keep adding salt and stirring until an egg will float if put into the brine." This, as a farmer's wife recently assured me, is an absolutely infallible test: said she, "if the egg sinks in the brine it is no use expecting it to do the work you want."

The crocks should stand in a cool place, and when the time comes to cut the butter, as it is required, no more brine need be added, as what is originally used will "follow the butter," as the country saying is, and will automatically seal up the wedge shaped hole left by the daily or weekly subtractions.

Another method, also in vogue in country districts, and, indeed, especially a cottage, or small household plan, is to take each single pound of butter and wrap it in a square of butter muslin. It is best to lay the butter in the centre of the square, and tie up the four corners. Then plunge each little bundle into a brine ready prepared and put into a crock. Butter thus preserved will keep as well as that done in the other method I have given. It is a case of "do whichever is most convenient for your own household." The butter done up in bundles will not absorb much, if any, of the brine, and when wanted can be fished out of its salt ocean by a stick with a hook, which will catch the tied-up ends of the muslin. If it proves salter than is liked it can be washed either in pure cold water or in milk.

Ice is, of course, invaluable in keeping butter cool, but there are places where it is not obtainable, and there are households where even the small daily expense of ice has to be considered. Therefore, I give other methods of circumventing the ravages of heat in summer larders. But *en passant* I may say that were more money spent on ice much less would be spent in waste of foods of all kinds in hot weather.

LETITIA HOPE.

ANSWERS TO CORRESPONDENTS.

Letters must be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

PRESERVING CHERRIES.—You will be able to get foreign cherries very cheaply, it is true, but I think you will find our own British cherries much fresher and better, and they are to be had from June almost up to September. Morella cherries are best in July and August. Red and black currants are to be had from June to September, according to the locality in which they are grown. So also are strawberries. Living in the Midlands, as you do, you ought to be able to reap both the north and south country harvests of fruit, as well as that which grows in your own county. Only remember, in your anxiety for cheap fruit for preserves, never to buy over-ripe or damaged fruit. It is worthless in any case, and a foolish investment, however low its price may be.—CHERRY RIPE.

RHUBARB LEMONADE.—The only recipe I have for this I give you, but do not expect it to keep. It must be used at once; but you will find people like it at a picnic or garden party. It is not necessary to ice it, but, of course, if the weather is very hot, it will be much nicer made ice-cold:—Have six sticks of freshly gathered rhubarb. Wipe it, and cut it up roughly, and boil it in a preserving pan with one gallon of water and 2lb of brown sugar and 2oz of bruised ginger for one hour. Then add half a gallon of warm water, and let it all stand until milk warm, and then strain it. Add a tablespoonful of yeast, and let it stand twenty-four hours. Then bottle it, and it is ready for use in three or four days. Do not leave it too long, or the effervescence will force out the corks, and all will be wasted.—JEHU.

A COOKERY BOOK.—The book I have frequently named, price 6d., (7d. by post), by Lilian Clarke, is to be had from Beeton and Co., 10 and 11, Fetter Lane, London, E.C. You will find many recipes for summer beverages in it, and if there are any others you want write to me, and I will gladly find more recipes for you; only remember that an answer by post can only be if you send me 6d. in penny stamps, and a stamped and addressed envelope, otherwise answers appear in MYRA, and, as you say, it is a long time to wait. Still, there is a remedy, as you see. No trouble, thank you, in either case.—GRENADIER.

TO PREVENT GRATES FROM RUSTING.—In leaving your house for the winter you must take precautions about the grates and fire-irons, you tell me, and you do not know what to do. Many things might be done, but I have, personally, found the best plan is to give them a thin coating of vaseline. A sixpenny pot will do at least three or four large grates, and their fenders and fire-irons. Put the pot in a basin of hot water, to make the vaseline pliable. Then rub over black-lead, steel or brass, either with a rag or a flat paste brush. Be careful to cover the surface completely—and then however long you are away, and however damp the weather, your possessions will be safe from rust. The greasiness can be removed very easily when necessary.—AUDREY.

A KIND LETTER.—Many thanks for your kind appreciation of my articles and Household Hints. As to the book, I can say nothing. I hope you will be able to compete, in spite of invalid life, in our competitions, which interest you so much, and that you will find yourself under the pseudonym I give you—"FINIWARGATE."

Owing to pressure of space many answers are crowded out and have been answered by post.

"Being a dressmaker, I find your Journal most useful to me, and feel I do not like to be without it."—F. M.

Health and Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

M. B.—The principal things to avoid eating when one is inclined to be rather stout are potatoes, and all vegetables of which the edible parts grow under the ground; white bread (it is better to do without bread at all for two months and to eat Callard's Kalari Biscuits, from 78, Regent Street, W., instead of it); pastry and sweetmeats of all kinds; sugars and jams. It is best also to avoid rich gravies and sauces, to eat the fat of meat in strict moderation, to take soup seldom, and tea never. If exercises such as those that have been mentioned to "Widow Malone," in our June issue, are regularly practised every morning near an open window, and plenty of walking exercise in the open country is taken, the dieting need not be so strict.

B. S.—Yours is indeed a very sad case, but if you advertise in Myra's Journal and in Woman your need may catch the eye of a childless woman who would adopt your little one, and give it a real home and a mother's love. Write to the Advertisement Managers of the above widely circulated papers, which are both published by Messrs. Beeton and Co., 10 and 11, Fetter Lane, E.C., and they will tell you what the insertions of your advertisements would cost you. It is very little, I know.

Cassie.—The hair is not worn quite so high as it was, but it is dressed further back, after the fashions one sees in the ancient Greek statuary. To get this effect the best way is to dress the hair as one usually does it, and then to get a group of Empire Puffs (2s. 6d. for three coils, or 4s. 6d. with six coils, from the International Hair Co., Ltd., Dept. M.J., 10, Newman Street, Oxford Street, W., and also at 43, Brompton Road, near Sloane Street, S.W.), and arrange these on at the middle of the back of the head. You can pin the end of each coil into the most becoming position with invisible hair-pins, and then you will be quite "up-to-date." Study some of the old statuary, and you will soon be able to dress your hair more artistically. Your father can get a wig at the above address that will be so expertly made that it will defy detection. As from your address I imagine you live in London, it would be best for him to go and have his head properly measured, so that the fit may be exact, especially behind the ears, where it is so essential.

May.—There is a quite legitimate and safe way of improving the shape and size of the bust, and at the same time of whitening and rounding the neck. Send a penny stamp, and your full name and address, to Mme. F. D. Temple, the Temple Association (Dept. 94), 8, Blenheim Street, Bond Street, London, W., for a book containing all particulars of this method. If you decide to adopt it, you will find that in carrying it out you will also make your complexion very fine and smooth.

B. S. W.—I assure you I have the greatest sympathy with women who are obliged to work not only for their own living, but for that of a delicate husband and little children as well, and I know how very difficult it is for such women to keep young-looking, though everything depends on this. To prevent your hair turning grey, massage your head every night with finger-tips lubricated with just a little "Petrolate of Sulphur" (2s. 6d., from Mason, 25, Bank Plain, Norwich), after you have combed and brushed it out. For the rest, I advise you to make time to read a little book called "Some Toilet Hints," which the same Mr. Mason will send you gratis if you ask him for it when you send your remittance for the Petrolate. It is really full of excellent practical advice on how to keep young-looking.

Ina.—There is nothing nicer for softening hard water and making it delightfully sparkling, like perfumed spring-water, in which to wash one's face and hands than Pasta Mack, which is sold in shilling boxes by all chemists. It is divided into tablets, one of which is sufficient for a toilet-basin of the hardest water.

Florence.—As your head seems to be rather flat at the top, and your front hair very thin, the best thing you can do will be to get a half-guinea Bandalette of hair to exactly match your own at Dept. E., Pickard's Ornamental Hair Works, Kentish Town Road, London. The hair of this Bandalette will mix in with your own, and then the hairdressing will be simplified for you, yet much more becoming.

A. E. J.—Of course it partly depends on what has caused you to become so thin, but in order to restore your figure to its former charming proportions I heartily recommend you to steadily practise deep-breathing exercises such as those described in a book called "Beauty of Figure," by Deborah Primrose (sold for 2s. 6d. by all booksellers), and to do them by an open window the first thing in the morning, before you don your corsets. Then, holding your head high, you should throw your arms upwards and backwards, bringing them in circles down to the sides, and up over the front to the back again. Make the circles as large as possible, and you will strengthen as well as develop your chest.

A. E. J.—(Second Question). You will find it a very good thing to take "Dr. Horn's Carnoforn (The Flesh Maker)," which is only to be obtained from O. E. Horn, D.Sc., 4, Bryanston Road, Bournemouth, who will send you a tin of it for 2s. 2d. This is a highly concentrated and most nutritious food for thin folks, and is one of the best possible preparations for devloping or restoring beauty to a figure which is too thin. You can add it to milk or porridge, soup, gravy, pudding, &c., and it will improve their flavour and double their nutritive value. If you can digest it, drink milk freely, and have one glass of it hot the last thing at night. Eat eggs (soft-boiled or poached, but never fried), wholemeal bread, and plenty of butter. Do not take too much lean meat, but have all kinds of vegetables, especially potatoes, carrots, parsnips, beet-root (without vinegar dressing), beans, peas, &c., and of fruits eat bananas freely, and black grapes when you can get them. Never allow yourself to become constipated. On the contrary, if you are at all troubled that way, do not take crude drugs, but have a wineglassful of Dinneford's Pure Fluid Magnesia the first thing on rising, and immediately after your dinner. And, finally, Plasmon Cocoa will be a far better and more nourishing and less constipating beverage for you than tea.

Alwynne.—The cause of that irritating dryness and blotchiness of your skin is a tendency to eczema in your system, and you will greatly improve your complexion by rubbing gently into it every night until it is smooth and white again some of the Cream of Sulphur which Mr. Mason (25, Bank Plain, Norwich) sends post free for 2s. 9d. Do not eat any salt with your food, give up bacon, ham, kippers, bloaters, and all foods that are salted and smoked and dried. Do not drink any ale; but for the rest live as well as ever your means will permit.

Pearl.—If you would go to Mons. Tarlita, the Court Hairdresser, at 77, New Bond Street, W. (quite near the Oxford Street end), and tell him you are a reader of my columns in Myra's Journal, he will dye your hair beautifully for you, so that it will look as if the colour was quite natural, and will teach you an easy way of dressing your hair in one of the becoming classic modes of to-day, and he will not over-charge you. While you are there, ask Mme. Tarlita to show you the Ruban Ondulateurs, that give such a natural wave to the hair without injuring it in the least, and get her to also show you how the effect may be immediately obtained if you want to do your hair, after business hours, for a party or dance.

Susie.—To prevent such profuse perspiration you should have daily baths of the kind I have suggested to "Katerine" (indeed, you should take to yourself all the hints I have given her, because such perspiration is a sign of want of tone in your nervous system), but after the bath and rubbing you should bathe armpits, &c., with a lotion composed of Eau de Cologne 1 part, Rectified Spirit 2 parts, and water 3 parts, and when this has evaporated you should dust the same places with Zobeide Anti-perspiration Powder, which has to be obtained from Mrs. Maine, 10, St. Mildred's Road, Lee, S.E. Wear the "Always Ready" Dress Protectors, which all good drapers supply.

Marie.—You can persuade your nose to become more classical in shape, straight and narrow, by wearing the Nose Machine, invented by M. Lees Ray, 10e, Central Chambers, Liverpool, who will send you full particulars of it if you will write to him and describe the present shape of the feature that "so annoys" you. Your brother's receding chin could only be developed into a more pleasing outline by means of Osteopathy. I know of a most marvellous case of the remodelling of a mean chin that totally altered the appearance of its possessor, and very much for the better. The lady was so miserable about her chin before this was done that she never cared to appear in society, and used to have all her bodices, blouses, &c., made with the object of hiding the lower part of her face from observation. To-day she is quite happy, and goes everywhere in smartly made clothes.

Cossie.—Your ankles would not swell so, nor your feet become so tender if you were to bathe both with Beetham's Anodyne Cooling Lotion (1s. 1½d. a bottle, from M. Beetham and Son, Chemists, Cheltenham) every morning, just before you dress for going to business. Standing and walking about all day would not cause you half so much misery then.

Mumsie.—The book that will be of the greatest service to you, and which you can have gratis and post free from the author, Mr. Alfred Fennings, Cowes, Isle of Wight, by writing to him for it, and saying you are a reader of Myra's Journal, is "Fennings's Every Mother's Book," which is full of reliable information as to feeding, weaning, and healthfully rearing little children. Do send for this.

Helene.—You can touch up those grey hairs yourself, and give them the colour of the rest of your hair without "a lot of trouble" with Jappo, a perfect hair-stain in one liquid, that is sold for 2s. 2d. by the Teinture Syndicate, 285, Regent Street, London W. Send a bit of your hair to the lady manager so that she may choose you the right number of the stain, and ask her to enclose full directions because you have never used a stain before.

"I shall in future take 'Myra's Journal' in preference to any other."—Miss O. H.

? Why experiment with secret quack nostrums? The formula of Dr. RITTER'S cure for corpulency is on the label, and your medical man will tell you that Dr. RITTER'S Tasteless Capsules, 2/6 post free, 5 bottles for 10/6, are the only safe remedy for

OBESITY

DEVISED BY A QUALIFIED MEDICAL MAN
GUARANTEED ABSOLUTELY HARMLESS.

"Can be taken quite safely."—MYRENE in *The Lady*.
"Contains no injurious ingredient."—*Health*.
"The most efficacious and most innocuous remedy."
—*Woman*.

Agent—Dr. O. E. HORN, Bryanston Rd., Bournemouth.
Send for particulars, Analytical Reports, &c.

NOSES & EARS.

Noses.—The only patent Nose machines in the world. Improve ugly noses of all kinds. Scientific yet simple. Can be worn during sleep. Send stamped envelope for full particulars.
Red Noses.—My long-established medically approved Treatment absolutely Cures Red Noses. 3/9 post free. Foreign, 1/6 extra.
Ugly Ears.—My patent Rubber Ear Cups remedy ugly outstanding ears. Hundreds of successful cases. 7/6 post free. Foreign 1/6 ex.
M. LEES RAY, 102 Central Chambers, Liverpool.

COMFORT

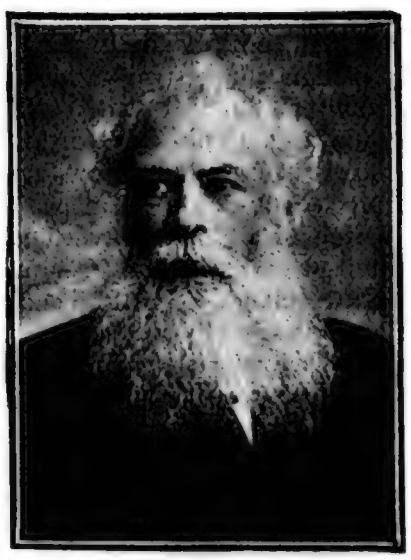
Thompson's Original Comfort for the Feet Corn Plaster quickly cures Corns, Bunions and Enlarged Toe-Joints. Thin as Silk, never fails. Packets, post free, 1/2.

NERVETONINE

THEN THERE'S LIFE IN'T.—Shakespeare.

A vital truth respecting **NERVETONINE**, literally the Vitalizer, par excellence, in cases of Depression, Sleeplessness, Indigestion, Tired Feelings, and all other such causes and effects of Nerve impairment. Bottles, post free, 1/10, 2/10 and 4/8.
From M. F. THOMPSON, Homœopath, 17, Gordon St., Glasgow.

MERCURY



THE OLD ASTROLOGER
is now casting test Horoscopes for 1s. Send P.O. and birthdate, and have your destiny revealed. If you mention MYRA'S JOURNAL he will include free, directions for twelve months, showing you how to be successful, what to avoid, &c., &c. Address:
15, Hawthorn Road, Llandaff, Glam.

THE "TENSFELDT" PROCESS.

Electrolysis

HOME TREATMENT.

Permanent Beauty Guaranteed.

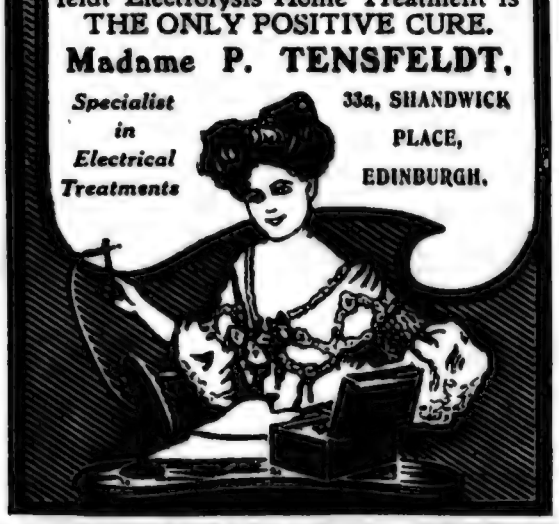
THE humiliating disfigurement caused by **Superfluous Hair** is one of the horrors that ladies of all ages have to endure. Thousands of so-called cures have come and gone, but it is left to the Tensfeldt Process, now universally known, to completely eradicate this terrible scourge without leaving any marks or disfigurement. The Tensfeldt Process completely destroys the hair root. Ladies can now operate in the **privacy of their own homes** with results as positive as can be obtained by skilled specialists, at a great saving of expense.

SPECIAL FREE OFFER

I want to place a copy of my book, **"The Face Perfect,"** *in the hands of every woman who is a sufferer from this dread scourge of superfluous hair.* **It is free to you** *for the mere trouble of asking for it. If you are anxious to rid yourself for ever of this disfigurement, this book will show you how it is possible. Write to-day. I give all letters addressed to me my personal and strictly confidential attention.*

Throw razors, pumice stone and all injurious preparations away. The Tensfeldt Electrolysis Home Treatment is THE ONLY POSITIVE CURE.

Madame P. TENSFELDT,
Specialist in Electrical Treatments
33a, SHANDWICK PLACE, EDINBURGH.



When ordering Articles Advertised, Please mention "Myra's Journal."

COMFORT AT LAST!

Fig. 352

Every lady should have one of our **Half-Guinea Bandettes** of wavy hair to comb in with her own. Exceedingly comfortable, entirely superseding the hard, uncomfortable frame. Being uncrushable it forms an ideal support for the Hat. Adapted to any style, with or without partings; cannot become disarranged. Hundreds already in use. Sent securely packed on receipt of P.O. **10/9**, with pattern of hair, to (Dept. E)
Pickard's Ornamental Hair Works, Kentish Town Road, London. Wigs and Coverings for semi and complete Baldness a speciality. Tails, Puffs, Transformations, Toupees, Fringes, &c., of superior quality, at Wholesale Prices. Price List No. 16, Post Free. Illustrated Catalogue of every description of Hair Work and *Fashion Plates*, 1½d. Postage.

Oatine

Soap and water remove only the surface dirt. OATINE removes all the dirt and oily secretions by cleansing the pores of the skin, thoroughly.
A FREE SAMPLE of Oatine Cream will be sent on application, or for 3d. in stamps a box containing eight of the Oatine Preparations, and Book on Face Massage.
THE OATINE CO., 138a, Denman Street, London, S.E.

FOR MORE THAN TWENTY YEARS
DR. DAVIS'S FAMOUS PILLS

have been universally admitted to be a boon. They are the best-known remedy for Anæmia, Giddiness, Fulness and Swellings after meals, Loss of Appetite, Hysteria, Palpitation of the Heart, Debility, Depression, Weakness. Boxes, 9½d., 1/1½, 2/9, 4/6, and 11/-. To be obtained from Chemists and Patent Medicine Vendors everywhere, or direct from the Proprietor, 309, Portobello Road, Notting Hill, W.

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

SUPERFLUOUS HAIR.

"DEPILLOS" (Registered).
MARVELLOUS SUCCESS.

We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance WILL NEVER RE-APPEAR; and to prove the correctness of the above statement, we will send, absolutely FREE, securely packed and free from observation, with medical certificate and testimonials, a sample to all who enclose two penny stamps. Address—
Manageress, TAYLOR & CO.
(Dept. 26), 149, FLEET STREET, LONDON, E.C.

A HEALTHY COMPLEXION

Can only be secured by a healthy state of body.
Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.
WHELPTON'S VEGETABLE PURIFYING PILLS
Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.
See that you get WHELPTON'S, and do not accept anything **"just as good."**
8256

HAIR COLOURING

Telephone: 1304 MAYFAIR.

Telegrams: "TARLITA, LONDON."

MONS. TARLITA begs to give notice to Ladies whose hair has been unsuccessfully dyed, tinted, or coloured by Hairdressers that it can be restored to its natural colour, or re-coloured to any other desired shade true to nature in one sitting, without the slightest injury to the Hair, Scalp, or Health,

THE RIBBON ONDULATEUR
the only non-injurious Hair Waver. Price, with illustrated directions for use, **4/-**

(Non-Inflammable) ***DRY SHAMPOO***
Half-pint bottle, 3s., by post, 3s. 6d.
Consultations Free.
Price List on application to—

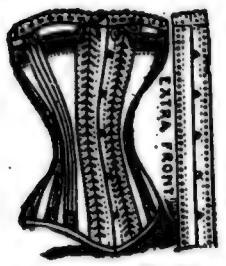
TARLITA,
77 C, New Bond Street, LONDON, W.

AZARIEL, for Whitening the Skin, 6s.

SHOPPING BY POST.

A MOST CONVENIENT CORSET.

Englishwomen, on the whole, do not give sufficient attention to the lacing of their corsets. Being laced at the back, they often select a smaller corset than they ought to wear, and then leave a big gap crossed only by the stay lace. This gap is a source of great danger, especially for cyclists or holiday-makers, who get damp with exertion and then catch bad internal chills through insufficient protection in a sensitive part of the body. Ladies, also, are apt to ignore the fact that this back gap in their corsets is not adjusted to the best advantage, to give the greatest degree of elegance and comfort.



MENZIES' PATENT (showing free front).

The Menzies Corset Manufacturing Co., 40, Nethergate, Dundee, have devised a capital model, Menzies' Patent Health Giving Corset, in which the back lacing can remain rigidly closed (as it ought to be) while expansion and adjustment is obtained by the front lacings on each side of the busk. The illustration will show the method better than miles of description. These front lacings enable the wearer judiciously to draw in or let out to get the maximum of comfort and elegance combined. With each corset is presented a second busk properly secured into a second front, already to lace in place. The corset, which is of excellent make, shape, and finish, is of very moderate price, commencing at 3s. 6d. All colours and materials can be had, the richest costing as much as 25s. If a postal order for 3s. 6d. and the waist measurement be sent to the Menzies Corset Manufacturing Company, any lady can see and try on the corset, as, if not approved of, the money will be refunded on the return of the corset —the very best terms for shopping by post, as no risk is incurred.

HEAT-RETAINING IRONS.

Linen and cotton frocks are fresh, pretty, altogether most attractive, but—they need constant pressing. All washing fabrics crumple and get untidy and soiled when really still quite clean. Now it is advisable, both for the purse and for the long life of the gown, that our linen and cotton frocks should not live at the laundress's. All girls and young women like fresh washing frocks, and only a small minority keep a maid, one of whose duties it is duly to "press" a frock each time it is worn. Certainly a linen dress, to look well, should be pressed twice a week if worn every day. Hence the need of a clean, reliable iron, such as a lady will use with pleasure. This desirable article is to be found in the Asbestos Sad Irons, made by the Dover Manufacturing Co., 124, Holborn, E.C.. This iron has an asbestos lining to its iron hood or cover which encloses the iron core—the iron itself. The hood is larger than the core so that there is a space for air all round the core. Air is a non-conducter of heat—the best in fact—so that in connection with the asbestos lining of the cover (which prevents the radiation of heat) the iron core retains its heat a very long time. In ironing a skirt everyone knows how annoying it is to be constantly handling a fresh iron, taking time, and risking soiling the delicate fabric whenever a fresh iron is taken from the stove. I think every woman of moderate means should own a set of Asbestos Sad Irons. The amateur need not get the larger, heavier kinds used in laundries, though ironing with a heavy "presser" is less tiring than using a lighter, less efficacious one. The Nine-pound "Presser" is to be recommended. This can be had in No. 130 set or separately. For the holiday outfit a splendid little iron is the "Tourist," only 1¼lbs weight, to press ribbons, handkerchiefs, flimsy blouses, laces, &c. By the bye, this is a capital present for a little girl, to teach her pressing while she "laundries" her dolly's things. The Blouse Set contains two irons of suitable size, and there is an excellent Flounce Iron, to be had singly or in the "French" laundry set and the Flounce set. The Flounce Iron has a sharp "nose" to enter the gathers. A little illustrated catalogue should be sent for from the Dover Manufacturing Company.

No. 7714.—Seaside Coat.

For serge or linen: a back, four sides, two two-piece fronts. Edge all round is strapped with the linen. To match a skirt. Face fronts with the linen, and add strapped revers facings of darker linen. Rest of coat is unlined, seams felled for neatness. Close with a few hooks and eyes. Two-piece tailor sleeve, strapped at wrist. 36-inch linen, 4 yards.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

PRINTED COTTONS.

The Bradford Manufacturing Company, Dept. M.R., Bradford, have such a pretty collection of printed voiles, zephyrs, lawns, which will make up into the daintiest of blouses and frocks. Patterns will be sent off by return of post to anyone mentioning Myra's Journal, so that no time need be lost. Busy mothers have little time before them in which to get together the frocks and blouses for their children's seaside outfits, to say nothing of their own. The business girl, too, all day in the office, has none too much time on her hands to prepare the garments she will want while away holiday-making. The Bradford Manufacturing Co., it is as well to know, stock their charming ready-made blouses in three sizes, which is a great convenience. The illustrated price list of blouses, underwear, children's frock's, &c., will be sent off post free to anyone mentioning Myra's Journal. All parcels from the Bradford Manufacturing Company are sent carriage paid.

The annual seaside outing is very pleasant, but it has its anxieties, especially to the mother who has many to care for. Infectious childish complaints and fevers not infrequently lurk in the seaside lodging, left there by the previous occupants, very likely people who sojourned there to "blow away" the after-effects of a bout of scarlet fever or measles. A fever is half combated when early precautions are taken in its first stages. What to do when sinister symptoms appear will be found in that invaluable pamphlet, "Every Mother's Book" (the child's true doctor), which will be sent post free by Alfred Fennings Chemist, Cowes, I.W. The book can also be obtained free from any local chemist.

Some of the smartest tucked and pleated skirts, blouses, and frocks are being made just now of "Orlwoola." The pretty new mid-summer patterns are now out and decidedly should be seen. All drapers keep Orlwoola, but patterns will be sent by the manufacturers, the Leigh Mills Company, Coventry and Bradford.

"Your patterns are all so well cut, it is always a pleasure to use them."—C. L. G.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By MISTRESS ANNE PAGE.

BEAUTIFYING THE NECK.

WE are threatened with a return of the collarless blouse, not the unfinished affair of three or more years ago, that was too often completed or complemented by a necklace of pearls, sham or otherwise, that doubly cheapened its raw effect, but daintily finished off now with a minute ruche, or quilling, or piping, of a becoming shade of narrow satin ribbon, or, prettier still, with a very tiny tucker of lisse, net, or chiffon.

Above this the beauty, or otherwise, of the neck will be obvious to everybody, and it therefore behoves all girls, especially those engaged in business of any sort, to begin at once to pay attention to the development of beauty in the throat and neck.

In our issue of May the recipe for a home-made whitening and tissue-building cream for the neck was given, and this is the way to use it to advantage: First, in order to remove all surface impurities, thoroughly wash the neck in warm water that has been softened with a tablet of "Pasta Mack" (sold by all chemists), lathering freely with a good soap ("Pasta Mack Soap," sold by all chemists, is highly recommended for the purpose), and then rinsing all the lather off again. The warm, softened water will render the skin more ready to absorb the cream and carry it to the tissues that need feeding with it, and the lather will bring away all that which tends to discolour the surface.

When the skin of the neck has been quickly dried again by patting with a soft towel, spread some of the cream already prepared on the right side of the neck from the backs of the ears, where the tendons can be felt, under the chin, and down to the hollow at the base of the throat that we usually call a "salt-cellar." Now put the right hand on the jaw-bone just in front of the right ear-lobe, and draw the four fingers of the left hand rapidly but softly from the nape of the neck at the back to immediately under the centre of the chin. The fingers of this hand must from time to time be rubbed in the cream, and the movement employed must be a light stroking one, that is to be repeated some thirty or forty times. The fingers of the other hand are then to be anointed with the cream, and the process repeated on the left side.

Next lay some of the cream rather thickly in the "salt-cellar," and rub it in thoroughly with quick but gentle rotating movements of the first and second fingers of one hand. Then anoint the fleshy pads at the tips of the forefinger and thumb, and pick up, as if pinching, the tissues of that hollow, and drop them and pick them up again several times. Lastly, place the thumb of each hand under the chin let the finger-tips meet in the nape of the neck, then draw the fingers as lightly as possible forward until they touch the thumbs, taking care that no pressure is exerted by the latter. When the massage is completed, wash the neck lightly first with warm, softened water, and then with some that is quite cold; the first to take off any cream that the skin has not absorbed, and therefore does not want for that night, and the second to brace and tone the skin and the superficial muscles of the neck.

No. 7715.—A TUCKED LINEN BLOUSE.

Could match a skirt. Tucks are wheelmarked on pattern. The front revers are very smart, faced with the linen, decorated with buttons. Gigot sleeve, with added cuff. 36-inch linen, 3¾ yards. The muslin vest (with band collar) is quite separate.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

A CREAM FOR WHITENING THE HANDS.

Beat together equal parts of pure olive oil and glycerine (the chemist should be asked for that of the British Pharmacopœa) with a few drops of oil of lavender, until intimately blended. Though glycerine alone, even of the purest, is very hurtful to most skins, mixed so with the oils it is most soothing and beneficial to even those that are most sensitive, and will whiten and soften the reddest and roughest hands.

NOTE.—In sending remittance for paper patterns our readers will greatly oblige if they send it in halfpenny stamps, or in P.O. in preference to penny stamps.

NOTE TO OUR READERS.

WE OFFER OUR READERS

AN EXTRA FREE PATTERN

(*A Free "Coupon" Pattern*)

Beyond the four free patterns we always present with MYRA'S JOURNAL. There is a choice of three "coupon" patterns given this month, Skirt No. 7,706, Blouse No. 7,706, or Boy's Tunic, No. 7,669. All our readers have to do is to fill in the form on Page 36 and send it, together with a halfpenny stamp for the postage of the pattern, to the "Free Coupon Pattern Department," MYRA'S JOURNAL Office, 10 and 11, Fetter Lane, E.C.

Only one Free Coupon Pattern may be asked for on each form.

No. 7716.—A FLORAL MUSLIN FROCK.

Five-gore skirt and peplum tunic, of floral muslin, worn over a separate foundation skirt. Trim tunic with lace. The muslin blouse has a double kimona fichu, the sleeve being made up of muslin bands. Collar, vest, and lower sleeve of lace. Straps of ribbon edge the fichu, matching the belt, which should recall the general tone of the floral design. 23-inch muslin, 13 yards.

Price of Paper Pattern, Skirt, Tunic, or Blouse, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carmarthen.

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 3rd of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Cyclist.—(1) Your best plan would be to use a golf jersey. You will find some very pretty and smart ones illustrated in the catalogue of the Bradford Manufacturing Company (Dept. M.R), Bradford. It will be sent post free to readers of "Myra's Journal." There is among them a charming little wool golf coat—a double-breasted sacque, which will go admirably with your plaid cycling skirt (13s. 6d.). They have the jerseys as low as 3s. 6d. (2) Send for our March number. The brace you require was one of the Free Patterns. (3) The skirt is much too scanty. Slit up the sides, new Directoire style, braid the slits and lower edge, and wear over an underskirt on which the lower edge and spaces under the slits are veiled with the pleated silk. A Brandenburg of cord to hold each slit near the top will be an effective decoration. For braid and cord call at Head and Sons, The Golden Tassel, Sloane Street, S.W.

D. M. R.—(1) The width of the striped tussore is 36-inch, and the price about 2s. 9d. Send for them to Robinson Brown, Department 9, the Royal Silk Warehouse, Macclesfield. I like the wider stripes best, but there are some very pretty ones with narrow white stripes in groups on the "natural" tussore. (2) You will find a "Charlotte" illustrated at No. 7685a. Make it of the "all-over" embroidery you are using for your blouse. For linen skirt and coatee you cannot do better than use the two free patterns given with the June No.

Mad Hatter.—(1) An embroidered smock was dealt with in our April number, and the free pattern was given, cut for a child of six. It is suitable for washing silk. The embroidered collar is a very original one. (2) The shade is an easy one to match in silk. The material is very thin, and should be gauged or pleated. You would not like the effect of a "Directoire" skirt in such a flimsy fabric. (3) The tailor coat and skirt, No. 7689, page 22, shows the braiding arranged to simulate a "cut-up" skirt. The side cuts can be lifted much higher. (4) Your shepherd's plaid will make up nicely like No. 7691. Or copy the neat coat-and-skirt, No. 7684. You can braid the seams instead of strapping them. (5) You can make up the linen by the free blouse and skirt patterns. Instead of the border strap with coarse lace, and that will make you a very dressy costume.

Albrecht.—(1) You could carry out the embroidery almost entirely in chain stitch, filling in the more open parts with quickly made wheels. Use Ososilkie Brightest Lustre Yarn. White looks best on that bright blue. (2) For the black silk blouse, tack the transfer on the silk and work over it; tearing away the paper when the embroidery is completed.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Continued from Page 14.

Dressmaker Wanted (Miss L.).—I sent you several names and addresses, and I should be glad to know whom you employed, and your opinion of her work.

Upholstress Wanted (D. D. H.).—I sent you several names, and I should be glad if you would fulfil your kind promise, and let me know whom you employ and your opinion of her work. Thank you for your courteous acknowledgment of my letter.

First Hand Wanted (Mrs. L.).—I have put in a notice for you, but I have no one suitable on my Register at present. I fear workers such as you want are hard to get. At least, that is my experience.

Millinery Partnership Wanted (Miss M.).—I have put a notice in for you.

Work Wanted (Mrs. R.).—Your letter interested me, and I fully sympathise with you; but you will see the only conditions on which I send private replies. If you care to send a letter to the Work Society I mention above, I will forward a pre-paid communication. What you say about your buttons sounds very feasible. That is the kind of thing that sells, and sells well. Do try to adapt your talents to your environments and the public needs. If you can't, it is impossible to succeed, and we all have to do it some way or another. I shall always be glad to hear from you. Nowadays the Press prevents anyone being quite out of touch.

Dressmaker or Milliner Wanted to Share Rooms (Beryl).—You will see by the rules the only conditions on which I send private replies. I think there are many who might care to join you, so I am putting a notice in for you. Doubtless it will meet somebody's eye suitable.

Dressmaking (E. S.).—I am sure you must have had a trying time. I have recommended you two or three times lately, and I will do so again should opportunity offer.

Dressmaker near Carlisle Wanted (Miss S.).—I sent you the only address I had, and I should be glad to hear that you employed her, and that she gave satisfaction.

Renovations (A. P.).—I wondered what had become of you, for you are one of my most faithful correspondents. It is nice for you to have work sent from Canada, and I am glad to hear you are so busy. I have given your name to several people, so possibly the lady who wrote was one of these.

Underwear (M. L. R.).—I gave your address quite recently. I wonder if you heard from the lady?

Dressmaker at Wolverhampton (Miss Y.).—I thank you for your grateful letter. I will certainly remember what you say about the millinery; but I fear it is too far away to be of much use to my readers. Dressmaking is of more use. Yes, I heard from the lady you mention, to whom I gave your name; she was very pleased with your work. You ought to get your notice inserted regularly, as now that I have hundreds on my Register I am compelled to recommend only those who keep their notices up to date.

Dressmaker Recommended (Mrs. V. P.).—Many thanks for so kindly letting me know that the maker I recommended gave satisfaction.

Dressmaker at Fulham (M. S.).—Notice received.

Dressmaker (Miss L.).—I am so glad to hear that my correspondent employed you, and that you gave every satisfaction, and that our Bureau has been such a help to you. I have not yet heard from Miss W. I gave your name quite recently to a lady at Cricklewood. Did you hear from anyone there?

Art Training (Miss F.).—I hope to have an article on silversmith work for women very shortly, so look out for it. There is no need for a girl to work at anything she does not like nowadays, and as your niece shows so much talent for metal work it would certainly be advisable for her to work at this. She could get lessons at the Royal Female School of Art, Queen Square, Bloomsbury. The classes for silversmithing and jewellery, under the auspices of the London County Council, are especially cheap; but I can give you other addresses where she can obtain private lessons in small classes if you prefer it. I advise silver in preference to copper, for, as an expert told me only last week, though more expensive to buy, it is much more readily saleable. Moreover, the trade openings are far more numerous.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before July 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

COOKING RECIPES.
JULY, 1908.

HOUSEHOLD HINTS.
JULY, 1908.

The Result of the Competition will be published in the September number.

Note.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled. Applications must not be made to Mrs. Hope, but to Messrs. Beeton & Co., 10 & 11, Fetter Lane, E.C.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
JULY, 1908.

DRESS AND HAIRDRESSING.
JULY, 1908.

HEALTH AND BEAUTY.
JULY, 1908.

GRAPHOLOGY.
JULY, 1903.

ETIQUETTE.
JULY, 1903.

COOKERY & HOUSE MANAGEMENT.
JULY, 1908.

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OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, July, 1908.

DRESS AND MILLINERY.

Sale.—SHEPHERD'S PLAID COSTUME, lined pale blue, 8s. 6d.; holland coat and skirt, 3s. M3729

SKIRTS AND BLOUSES for sale.—Fillicette, 18, Barrowhill Road, St. John's Wood.

ARTISTIC MILLINERY; moderate charges.—Smith and Everest, 3, Cancell Road, Brixton.

ROYAL NAVY SERGE, direct from Portsmouth, as supplied to the Royal Navy; most satisfactory for ladies costumes and hard wear; navy, cream, and black only, 1s. 6½d., 1s. 11½d. yard; patterns free.—Smith, Warehouseman, 128A, Albert Road, Portsmouth.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

Navy ETON COSTUME, 12s. 6d.; green voile DRESS, 12s. 6d.; 24, 40; nearly new. M3728

SKIRTS, Navy or Black, to measure, 5s. 6d.—Pinchback, 53, Guildford Road, Greenwich.

EMBROIDERED BLOUSES from 6s. 11d.—Miss Hammond, 20, Mount Pleasant, W.C.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

DRESSMAKER, daily or at home; coats, blouses, renovations, &c.—Mrs. Goddard, 35, May Street, West Kensington.

Joan Comerford, DRESSMAKER. Perfect fit; terms moderate.—220, Dalling Road, Shepherd's Bush.

DRESSMAKER, Daily, or at home. Experienced. — Miss Connery, 8, Haselrigge Road, Clapham, S.W.

Millicent Wright, 45, Artesian Road, Westbourne Grove, LADIES' OWN MATERIALS. Terms moderate.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater Ladies' materials. Charges moderate.

DRESSMAKER, daily. Town, country. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

DRESSMAKER, any style; clever renovator; ladies' house or home.—36, Ambler Road, Finsbury Park, N.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regent's Park, N.W.

Mrs. Goddard, DRESSMAKER. Perfect fit and style.—150, Revelstoke Road, Southfields.

Mrs. Harlow, DRESSMAKER, MILLINER Charges moderate. — 232, Ashmore Road, Maida Hill, W.

FANCY NEEDLEWORK of all kinds. Bazaar work Price list on application.—Miss E. Eve, 94, Coningham Road, Shepherd's Bush.

COSTUMES, DRESSES, any style and size, made to fit, 25s. complete; BLOUSES from 2s. 11d.; dainty underwear, &c.—25, Mysore Road, Lavender Hill, S.W.

PLAIN AND FANCY BLOUSES for sale. — Graeff, 7, Boscombe Road, Tooting Junction.

DRESSMAKER, daily, at ladies residences. Coats, blouses, renovations, &c. Mrs Goddard, 35, May Street, West Kensington.

DRESSMAKING and RENOVATIONS at ladies' houses or at home.—Mrs. McCarthy, D., 108, Queen Street Buildings, Edgware Road, W.

Mrs. Drake, Artistic BLOUSE MAKER and MILLINER. Ladies own material. 66, Richmond Road, Bayswater.

Charming POCKETS, silk tatting, fringed any colour to match costume, 3s. 11d.; stock collars, with plastron, 2s. 11d.; approval—Mrs. Harcourt, 129, Marlow Road, Anerley, S.E.

DRESSMAKER, at ladies' house or at home.—Miss Pees, 7, Evandale Road, Brixton, S.W.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. M3698

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

ANTIQUES, &c. — Curious old COPY CYPHER LETTER written by Charles I. What offers?—Miss Munro, 15, Broadwater Down, Tunbridge Wells.

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

STAMPS.—100 different. Official. Morocco, Trinidad, Barbadoes, Labuan, Nyassa, North Borneo. 1s. free.—Bowen, 44, Wellington Place, Belfast.

PHOTO CABINETS, 3 for 1s. 3d.; PHOTO POSTCARDS, 6 for 1s. 3d.; all official size; send photo. — Sigsworth, Harbottle, St. Byker, Newcastle-on-Tyne.

MISCELLANEOUS.

LADIES' COMBINGS mounted into tails. 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, N.W.

MANICURE AND FACE MASSAGE.—Lessons given. Ladies visited. — Terms, apply Christine, 172, Broadway, Bexley Heath.

LADIES should not throw away their old Corsets, but send them to Madame Lee, Elm Grove, Southsea, who will clean or renovate them equal to new. Charges strictly moderate. Trial solicited.

Two KNITTING MACHINES, Griswold and Automatic, perfect order. Sell at great bargain. M3730

Latest Novelty.—LEATHER FLOWERS FOR MILLINERY. Chrysanthemum spray, 2s. 6d. Rose mounts, 2s. Daffodils (bunch), 1s. 9d. Ivy, 9d. Convolvuli, 9d. Leather Hatpins, Bunch of Filberts, 9d.—Miss Parkinson, 129, Marlow Road, Anerley, London.

Orders earnestly desired for CROCHET, D'OYLEYS, TRAY CLOTHS, DRAWN THREAD WORK. Recommended.—Miss Pooley, 2, Grove Road, Horley.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. JULY, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Mrs. H. Chapman, 21, Hollywood Road, South Kensington, S.W.
Miss Connery, 8, Haselrigge Road, Clapham, S.W.
Miss Coward, 82, Camden Road, N.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss Floyd, 54, Lancaster Road, Stroud Green, N.
Mrs. Goddard, 35, May Street, West Kensington.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Miss R. Harvey, 329, Goldhawk Road, Hammersmith.
Mrs. James, 56, Southlead Road, Bromley Common, Kent.
Mrs. McCarthy, D108, Queen Street Buildings, Edgware Road, N.
Miss Perry, 46, Reporton Road, Fulham, S.W.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Sullivan, 19, St. Paul's Road, Canonbury, N.
Miss M. Troubridge, 56, Upham Park Road, Chiswick.
Miss C. Wild, 49, Treherne Road, North Brixton, S.W.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
Miss J. Caudell, 6, St. Julian's Road, Kilburn, N.W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Miss F. Cullen, 30, Highgate Road, Kentish Town, N.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss E. Ensor, 18, Harrington Square, Hampstead Road, N.W.
Clara Green, 16, Porten Houses, Porten Road, West Kensington Park.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Jeanne and Valerie, 87, Stockwell Road, Stockwell, S.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Miss Mayhew (from Peter Robinson's), 55, Oseney Crescent, N.W.
Miss Pauline, 129, Marlow Road, Anerley, S.E.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss L. Smith, 24, George Street, Camberwell, S.E.
Smith and Everest, 3, Cancell Road, North Brixton, S.W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W.
Mrs. Teague, Little Burn, 123, Poole Road, Bournemouth West.
Miss Walwyn, 59, Cambridge Mansions, Battersea Park, S.W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Mrs. Markham, 1, Hazlitt Road, West Kensington.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Edward M. Deighton, 16, Aldgate Avenue, London, E.C.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

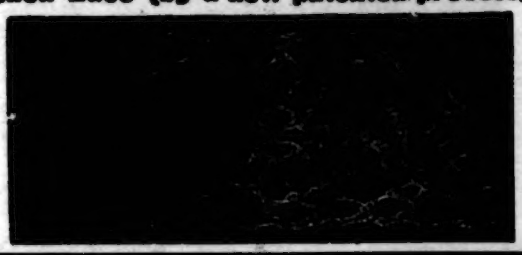
FURS RENOVATED—

Miss Annie Blanch, 638, Fulham Road, S.W.
W. H. Keep, 69, Pembroke Street, Caledonian Road, N.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

"BB" TORCHONS

Are an actual reproduction of Real Torchon Lace (by a new patented process)



REGD. MARK.

exactly as made by Handworkers on the cushion. All genuine "BB" Torchons bear the above Regd. Mark embossed on every card. To be obtained in a variety of shapes and widths.

"BEETHAM'S Regd Larola"

NO MORE ROUGH HANDS.

SOFT WHITE SKIN.

IS UNEQUALLED FOR PRESERVING

THE SKIN & COMPLEXION

FROM THE EFFECTS OF

THE SUN, WINDS, AND HARD WATER.

IT REMOVES AND PREVENTS ALL

ROUGHNESS, REDNESS, IRRITATION, TAN, &c.,

AND KEEPS THE SKIN DELICATELY

SOFT, SMOOTH, AND WHITE

AT ALL SEASONS.

If used after Cycling, Motoring, Golfing, Tennis, &c., it will be found DELIGHTFULLY SOOTHING AND REFRESHING.

Bottles, 1/-, 1/9, and 2/6, of all Chemists and Stores M. Beetham & Son, Cheltenham.

ALWAYS BUY

"SWANWICK"

FAST BLACK

HOSIERY.

WHY? Because it is free from Arsenic and of such Fast Dye that it cannot stain the most delicate dress.

It is most exquisite in Shape, Comfort, and Fit.

It is the most Hygienic Hosiery made.

Sold everywhere in Thread, Cotton, Cashmere and Silk, with Lace, Plain and Embroidered Fronts.

New Process Fast Dye — Swanwick Fast Black — Cannot Stain Indelible

LOOK FOR THIS TRADE MARK ON EVERY PAIR ☞

THE

"ADMIRALTY"

ALL WOOL SERGES

THEY WILL NOT CHANGE COLOR IF WASHED IN HOT WATER, SOAP AND SODA.

THEY WILL NOT CHANGE COLOR IF EXPOSED TO THE SUN, SEA WATER, OR SEA AIR.

THEY WILL NOT SPOT IF RAINED ON.

THEY WILL NOT SHRINK WHEN WASHED OR WETTED.

THEY WILL NOT COCKLE WHEN RAINED ON, OR WETTED IN ANY WAY.

THEY CANNOT BE INJURED UNLESS THE FABRIC IS DESTROYED BY STRONG CHEMICALS.

THEY ARE FOR BEAUTY, DURABILITY, AND COLOR, THE MOST SATISFACTORY DRESS A LADY CAN WEAR.

IN EVERY VARIETY OF MAKE.

EIGHT MILLION YARDS ALREADY SOLD

OF FIRST CLASS DRAPERS

Makers The LEIGH MILLS Co LTD BRADFORD.

Ask your Draper to show you

THE

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Regd.

Detachable

SKIRT FLOUNCES

Made in 20 different shades, the Prices ranging from 1/6 to 20/-.

Combines Smartness and Economy.

To use several Flounces with one Skirt is much cheaper than buying a new Skirt when the Flounce is shabby. It is also a great advantage to be able to change the Flounce to suit the colour and kind of dress worn.

OWEN, OWEN, Ltd.,
London Road & Stafford Street,
LIVERPOOL.

At all Drapers throughout the United Kingdom.

WOOLLEY'S

SANITARY ROSE POWDER

FOR TOILET AND NURSERY.

AN ANTISEPTIC DUSTING POWDER. For Tender Feet, Roughness, Chafes, Irritation of the Skin from Sunburn, Cold Winds, &c.

Examined, Passed, and Certified by the Institute of Hygiene.

"Fragrant, soothing, cleanly."—*The Queen.*

The Nurses' Journal reports:—"We have tried it extensively and found it most useful."

Of all Chemists, White, Pink, or Cream, 6d. and 1s.

ROYAL CREAM SOAP
For Tender Skin.
Tablets 6d. Boxes 1s. 6d.
Of all Chemists.

Proprietors—
JAMES WOOLLEY, SONS & CO.
Limited,
MANCHESTER.

YOUR

SOILED BLOUSE

Cleaned for 1/3

WE RETURN IT TO YOU DRY CLEANED, LOOKING LIKE NEW.

Dresses Dry Cleaned for 4/-.

Send for Price List of other Articles at equally Low Prices.

CLARK & CO., 9, Hallcroft Road, RETFORD.

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